## Inside the Psychiatry Academy

News, Information, & Events for Members of the Massachusetts General Hospital Psychiatry Academy



### December 2016

## Early Registration Deadline for SUD Conference

If you plan to attend our upcoming conference on Substance Use Disorders: A Comprehensive Review and Update, register by December 9 to take advantage of discounted early rates. The conference offers a broad update across the spectrum of substance use disorders from developmental perspectives all the way through recovery-oriented systems of care.



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## Online Course in December

Our popular online course *Building Resiliency Through Cognitive Reappraisal and Lifestyle Modification* opens for participation on Monday, December 5. It helps refine your knowledge and skill in using interventions that offset the harmful influence of stress, many of which are lifestyle changes that you can use to build long-term resiliency in your patients.



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## Multicultural Neuropsychology Program Changes Outcomes

Read an interesting account on how an innovative multi-cultural program within Mass General is changing health outcomes by offering an array of culturally sensitive clinical services that includes neuropsychological assessments, support groups and psycho-education.



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## Online Virtual Grands Rounds Series

Participate in this free series that examines research, advances, clinical challenges, and barriers to treatment across a variety of psychiatric conditions. The twenty sessions are ideal education for professionals in

Evidence Based
Practice

Best Research
Evidence

Fintient
Values

Clinical
Expertise

psychiatry, primary care, nursing, psychology and family practice.

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# Free Education on Managing Patients on Opioids

Participate in award-winning CME/CE-certified online education designed to help you safely and competently use opioids, if appropriate, to manage your patients with chronic pain. Presented by the Boston University School of Medicine, the program also offers a free toolkit to train others in your practice.





### **FACULTY SPOTLIGHT**



**Timothy Wilens, MD**Chief, Division of Child and
Adolescent Psychiatry

**Areas of Expertise:** the relationship among attention deficit/hyperactivity disorder (ADHD), bipolar disorder, and substance use disorders; and the pharmacotherapy of ADHD and juvenile bipolar disorder across the lifespan **Other Appointments:** Co-Director, Center for Addiction Medicine, Massachusetts General Hospital; Associate Professor of Psychiatry, Harvard Medical School

Education: MD, University of Michigan Medical School

**Residency:** Massachusetts General Hospital **Fellowship:** Massachusetts General Hospital

#### See Dr. Wilens on this program:

<u>Substance Use Disorders: A Comprehensive Review and Update</u>

ADHD Across the Life Span

Frontiers of Psychiatric Treatment: Recent Advances and Future Directions

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**RESOURCES** 

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