

Inside the Psychiatry Academy

News, Information, & Events for Members of the
Massachusetts General Hospital Psychiatry Academy



MASSACHUSETTS
GENERAL HOSPITAL
PSYCHIATRY ACADEMY

April 2017

Registration Deadline Today for 41st Annual Conference

We invite you to save the dates for this renowned conference, which takes place October 20-22, 2017, in Boston. It offers an in-depth review of the latest research and advances across dozens of mental health conditions. Register before Friday, April 7 to save \$150 off the regular tuition rates.

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Online Courses in April

You have until April 14 to join our online courses open for participation in April, including *Cognitive Behavioral Therapy for Obsessive Compulsive Disorder*, *Severe Psychiatric Illness: Health Risks, Healthy Lifestyle Choices and Adherence*, and *The Fundamentals of Mind Body Medicine*. Visit our website to learn more about each course.

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Join Us on Facebook

Are you on social media? Come over to our Facebook page and hit "Like" to get our updates and posts in your news feed. We share tons of links to important articles, research and other information on mental health. We also offer exclusive discounts to our conferences and courses.

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Early Sleep Issues May Lead to Later Problems

Learn about a new study reported in the journal *Academic Pediatrics* that associates insufficient sleep with poorer functioning. The study finds that children ages 3 to 7 who do not get enough sleep are more likely to have problems with attention, emotional control

and peer relationships in mid-childhood.

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Bring Our Faculty and Fellows into Your Facility

Learn about our one-of-a-kind Massachusetts General Hospital Visiting program. It allows our Department of Psychiatry physicians, psychologists and fellows trained at Massachusetts General Hospital and Harvard Medical School to work directly with your health care facility.

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FACULTY SPOTLIGHT



John Denninger, MD, PhD

Director of Research, Benson-Henry Institute for Mind Body Medicine

Areas of Expertise: the relationship between stress reduction, resiliency enhancement and health in both clinical and basic domains

Other Appointments: Associate Director, MGH-McLean Adult Psychiatry Residency Training Program; Instructor of Psychiatry, Harvard Medical School

Education: PhD, University of Michigan Medical School
Residency: Massachusetts General Hospital

See Dr Denninger on these programs:

[Stress and the Relaxation Response: The Fundamentals of Mind Body Medicine](#)

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RESOURCES

Online Courses
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CONTACT

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