

Inside the Psychiatry Academy

News, Information, & Events for Members of the
Massachusetts General Hospital Psychiatry Academy



MASSACHUSETTS
GENERAL HOSPITAL
PSYCHIATRY ACADEMY

October 2016

Final Chance to Join Our Psychopharmacology Conference

We invite you to join the record number of attendees registered for the 40th anniversary of this renowned conference. We recently opened for registration a new, special ticketed session on Psychosomatic Medicine, which takes place Thursday evening before the conference opens.

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Free Course on Motivational Interviewing

Register for this free online course that begins on October 17. It enhances your skills in using motivational interviewing to engage service members, veterans and military families in mental health treatment.

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14th Annual Schizophrenia Education Day

If you are in New England, consider inviting patients and their families to attend this valuable annual event. It includes sessions on neuroscience and brain development, a panel of families who speak about their experience with first-episode psychosis, and presentations on family-based and mentalization approaches to care.

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All-New Virtual Grands Rounds Series

Participate in this free series that examines research, advances, clinical challenges, and barriers to treatment across a variety of psychiatric conditions. The twenty sessions are ideal education for professionals in

psychiatry, primary care, nursing, psychology and family practice.

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Online Courses in October

You have until October 14 to join our online courses open for participation in October, including Severe Psychiatric Illness: Health Risks, Healthy Lifestyle Choices and Adherence, Using CBT with Children and Stress and the Relaxation Response: The Fundamentals of Mind Body Medicine. Visit our website to learn more about each course.

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FACULTY SPOTLIGHT



Matt Bianchi, MD, PhD

Chief, Division of Sleep Medicine

Areas of Expertise: sleep disturbances such as insomnia, and the use of home sleep monitoring devices to gather real-world data about sleep in the home; electrophysiology, statistics, decision theory, and sleep

Other Appointments: Director, Sleep Laboratory, Massachusetts General Hospital

Education: MD, PhD, University of Michigan Medical School

Residency: Brigham and Women's Hospital

Fellowship: Beth Israel Deaconess Medical Center

See Dr. Bianchi on this program:

[Insomnia](#)

[Frontiers of Psychiatric Treatment: Recent Advances and Future Directions](#)

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