

**PLEASE NOTE THAT THIS IS NOT THE OFFICIAL PROGRAM  
EVALUATION**

**Anxiety: Advanced Techniques for Primary Care and Psychiatry**

Use this page to take notes on the speakers for their presentations.  
**Evaluations will be available for completion online at  
[Lms.mghcme.org/anxiety](https://lms.mghcme.org/anxiety)**

Rating scale: 1 = Strongly Disagree, 2 = Disagree, 3 = Agree, 4 = Strongly Agree.

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Talk Time and Speaker	Rating	Notes
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The quality of the following presentations met or exceeded my expectations:

**FRIDAY, NOVEMBER 6, 2020**

8:00-8:10 AM – Introduction and Welcome                      1 2 3 4                      \_\_\_\_\_

**Module 1: A Very Brief Review of the Basic Science of Anxiety**

8:10-8:30 AM— David H. Rubin, MD                      1 2 3 4                      \_\_\_\_\_

8:30-8:50 AM— Robert R. Althoff, MD, PhD                      1 2 3 4                      \_\_\_\_\_

8:50-9:10 AM—Robert R. Althoff, MD, PhD                      1 2 3 4                      \_\_\_\_\_

**Module 2: Mastering the Core of CBT: Advanced Practice with Exposure and Cognitive Techniques**

9:10-9:30 AM—Robert R. Althoff, MD, PhD                      1 2 3 4                      \_\_\_\_\_

9:50-10:25 AM—Aude Henin, PhD                      1 2 3 4                      \_\_\_\_\_

10:25-11:00 AM—Susan Sprich, PhD                      1 2 3 4                      \_\_\_\_\_

11:00-11:30 AM—Panel Discussion                      1 2 3 4                      \_\_\_\_\_

**Module 3: Medical Comorbidity**

12:30-12:50 PM—Theodore A. Stern, MD                      1 2 3 4                      \_\_\_\_\_

12:50-1:10 PM—Aude Henin, PhD                      1 2 3 4                      \_\_\_\_\_

1:10-1:30 PM—Theodore A. Stern, MD	1 2 3 4	_____
1:30-1:50 PM—Susan Sprich, PhD	1 2 3 4	_____
1:50-2:10 PM—Theodore A. Stern, MD	1 2 3 4	_____
2:10-2:50 PM—Panel Discussion	1 2 3 4	_____

**Module 4: Advanced Psychopharmacology**

3:10-3:30 PM—Jefferson B. Prince, MD	1 2 3 4	_____
3:30-3:50 PM—David H. Rubin, MD	1 2 3 4	_____
3:50-4:10 PM—Jefferson B. Prince, MD	1 2 3 4	_____
4:10-4:50 PM—Panel Discussion	1 2 3 4	_____

**SATURDAY, NOVEMBER 7, 2020**

8:00-8:10 AM – Introduction and Welcome	1 2 3 4	_____
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**Module 5: PTSD**

8:10-8:30 AM—Robert R. Althoff, MD, PhD	1 2 3 4	_____
8:30-8:50 AM—Aude Henin, PhD	1 2 3 4	_____
8:50-9:20 AM—Panel Discussion	1 2 3 4	_____

**Module 6: Panic Disorder**

9:20-9:40 AM—Jefferson B. Prince, MD	1 2 3 4	_____
9:40-10:00 AM—Aude Henin, PhD	1 2 3 4	_____
10:00-10:30 AM—Panel Discussion	1 2 3 4	_____

**Module 7: OCD and Related Disorders**

10:50-11:10 AM—Lisa M. Zakhary, MD, PhD	1 2 3 4	_____
11:10-11:30 AM—Lisa M. Zakhary, MD, PhD	1 2 3 4	_____
11:30-11:50 AM—Susan Sprich, PhD	1 2 3 4	_____
11:50-12:10 PM—Lisa M. Zakhary, MD, PhD	1 2 3 4	_____
12:10-12:40 PM—Panel Discussion	1 2 3 4	_____

**Module 8: Somatic Symptom and Related Disorders**

1:40-2:00 PM—Theodore A. Stern, MD	1 2 3 4	_____
2:00-2:20 PM—Jefferson B. Prince, MD	1 2 3 4	_____
2:20-2:40 PM—Theodore A. Stern, MD	1 2 3 4	_____
2:40-3:00 PM—Susan Sprich, PhD	1 2 3 4	_____
3:00-3:30 PM—Panel Discussion	1 2 3 4	_____
<b><u>Module 9: Enhancing Treatment Outcomes: Augmenting CBT</u></b>		
3:50-4:10 PM—Aude Henin, PhD	1 2 3 4	_____
4:10-4:30 PM—Susan Sprich, PhD	1 2 3 4	_____
4:30-5:00 PM—Panel Discussion	1 2 3 4	_____

**\*\* Complete the course evaluation in full online at [lms.mghcme.org/anxiety](https://lms.mghcme.org/anxiety) \*\***