



# Neuroimaging and ADHD

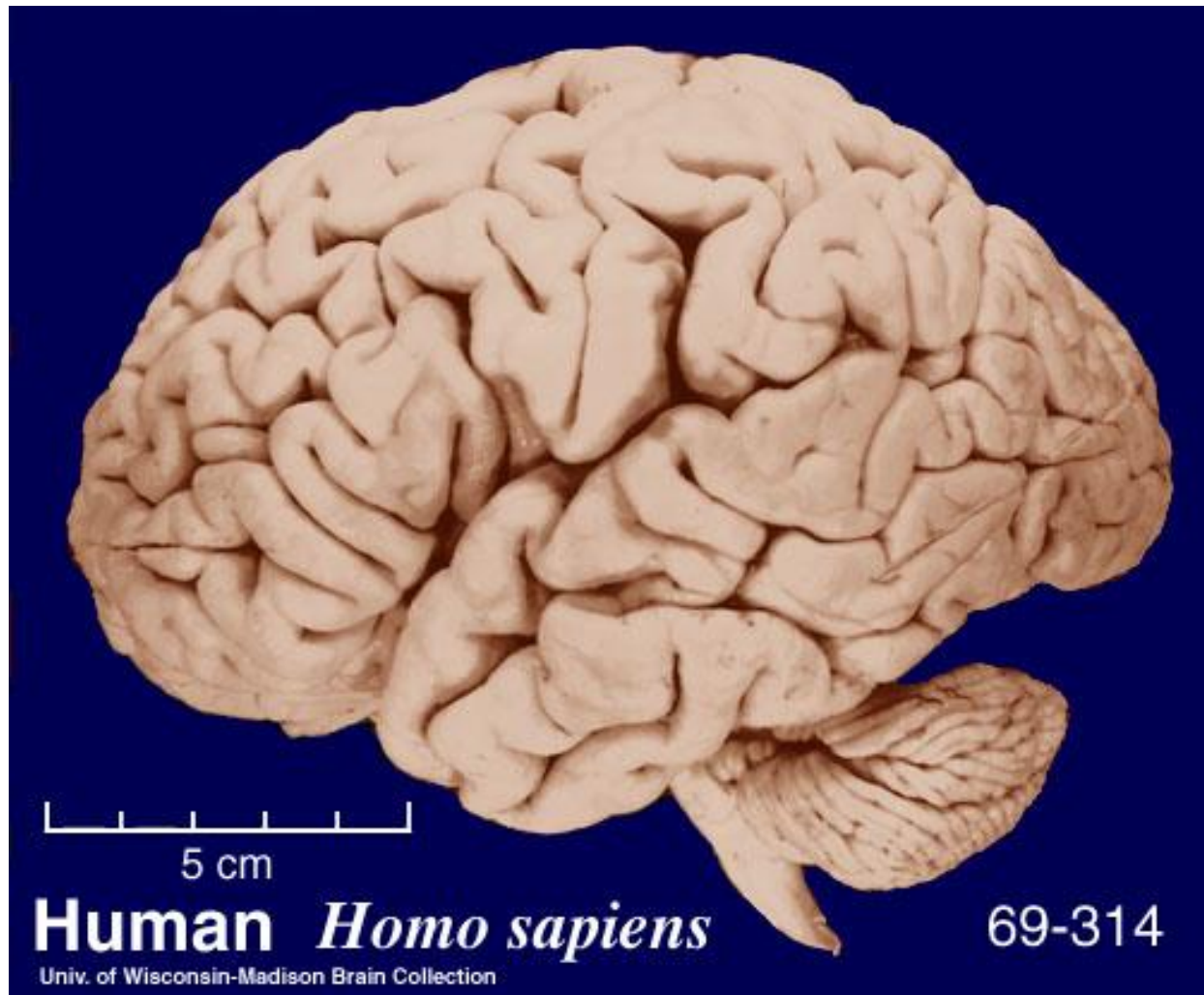
**John Gabrieli**

**Department of Brain and Cognitive Sciences &  
Martinos Imaging Center at the  
McGovern Institute for Brain Research, MIT**

# Disclosures

**“Neither I nor my spouse/partner has a relevant financial relationship with a commercial interest to disclose.”**

# Fragile Power of the Human Brain



# Background

---

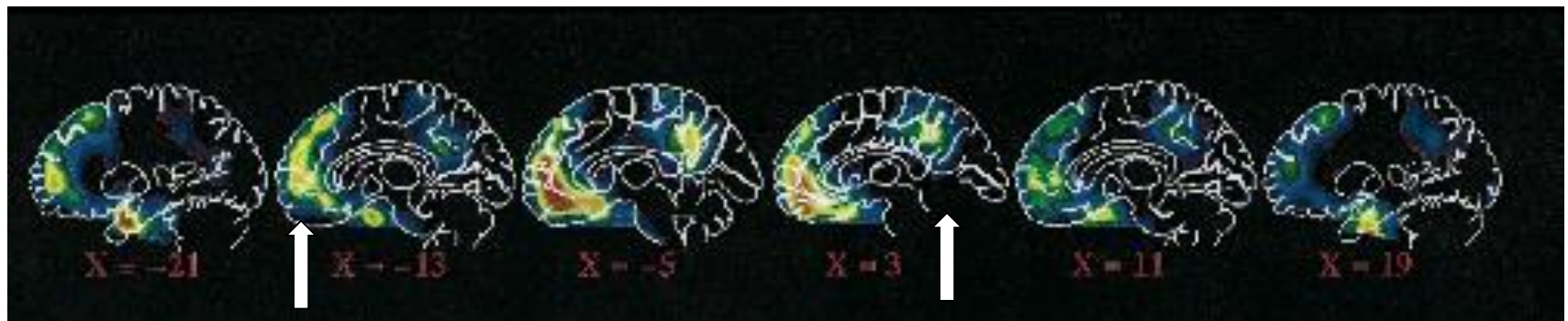
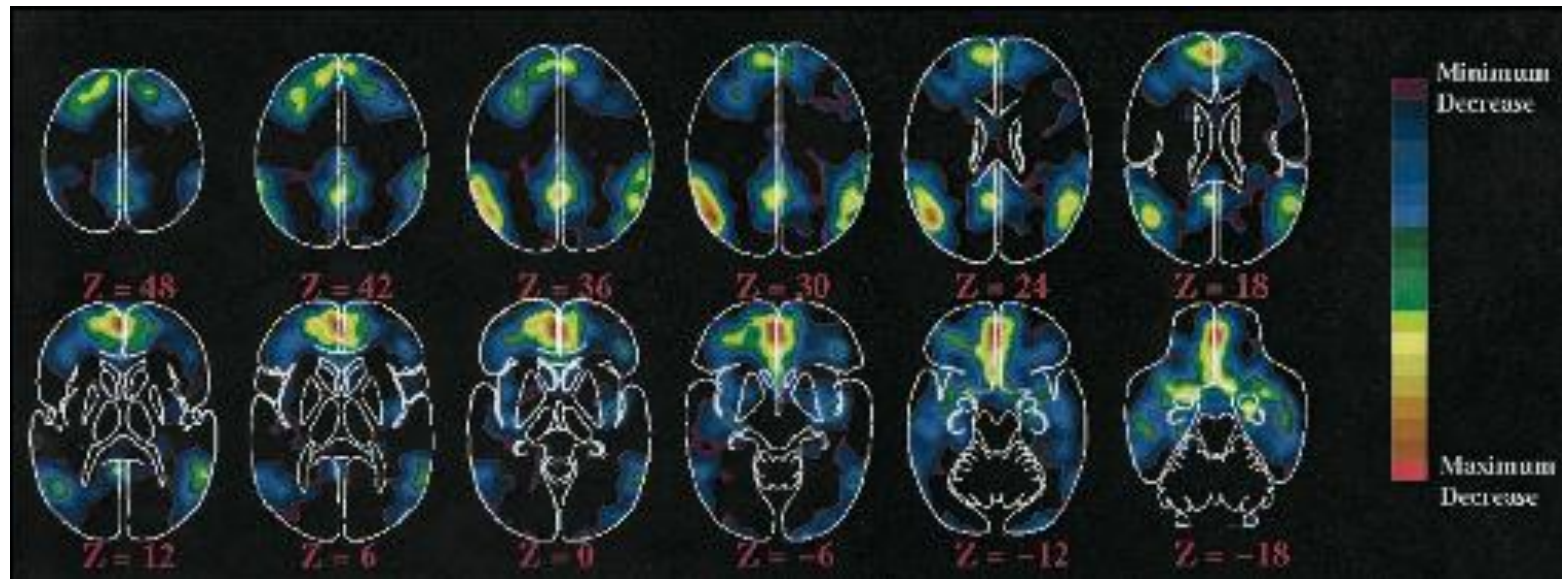
- **Default Mode Brain Network**
- **Resting State Functional Networks**

# Default-Mode Brain Network

- **fMRI task activation studies compare activation differences between two conditions**
- **what is *more* active in the brain when people are doing nothing (no task) than doing most tasks?**

# Default Mode of Brain Functioning

Raichle et al., 2001, *PNAS*



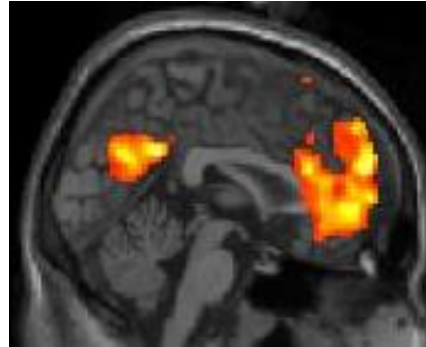
**Medial prefrontal cortex (MPFC); Posterior cingulate cortex (PCC)**

# Default-Mode Brain Network

- **Default-Mode regions are *deactivated* during many tasks; *activated* during rest**
- **What *activates* Default-Mode Regions?**



**Default**



**Self**



**Overlap**

*also thinking about our past, our future, other people*

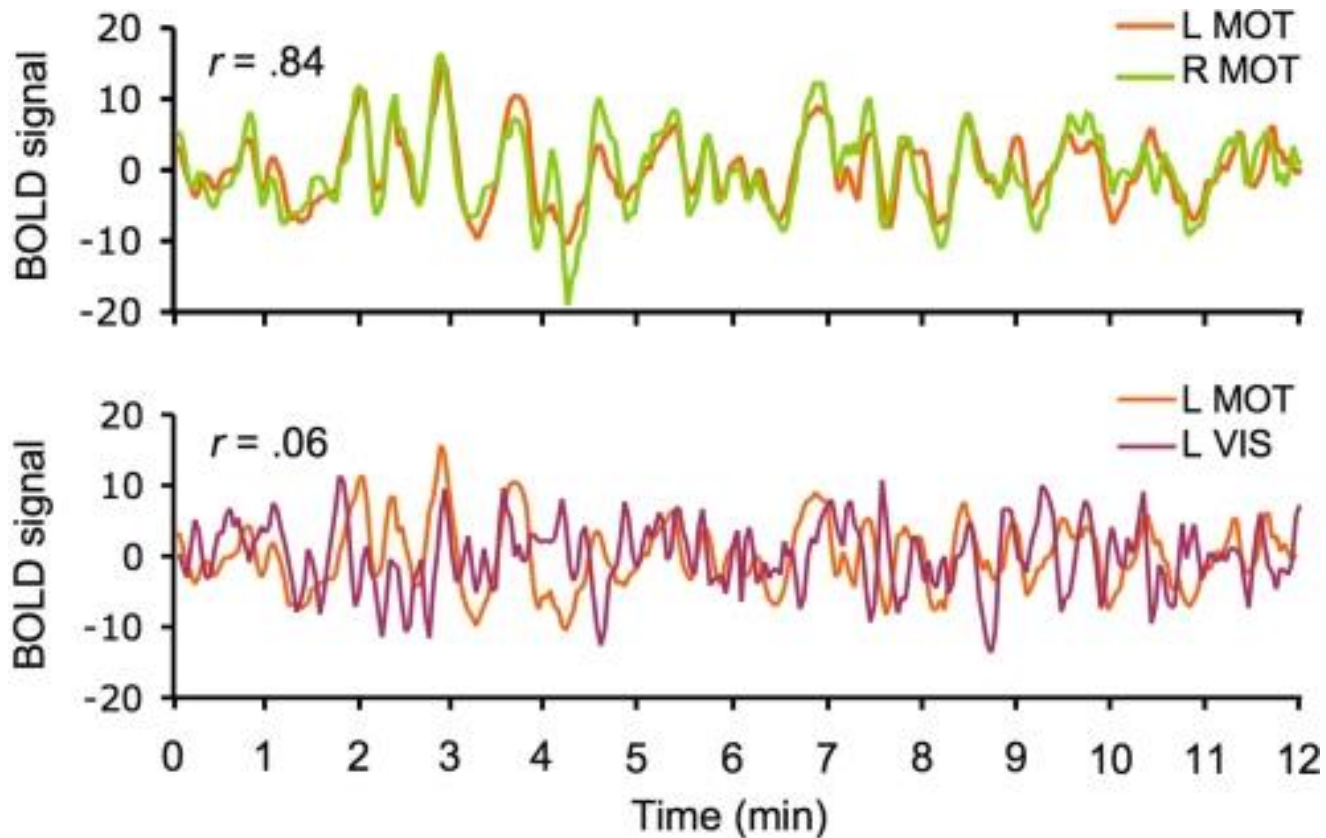
# Resting-State Functional Networks

- **Intrinsic functional networks may be revealed by temporal correlations between fMRI (BOLD) signals in the resting brain**



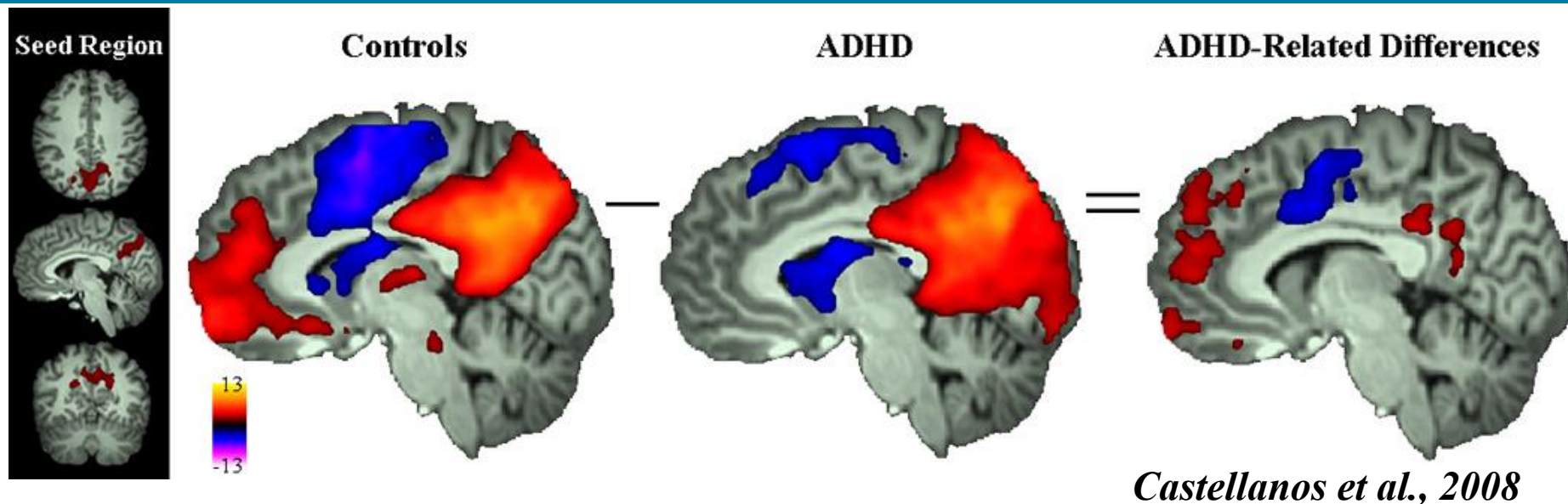
# Resting-State Functional Networks

*contralateral motor areas in a network*



*ipsilateral motor and visual areas not in a common network*

# Adult ADHD: Decreased Positive Correlations Between PCC-MPFC



- **20 ADHD participants (mean age = 34.9; 16 male)**
  - Ascertained retrospectively
- **20 Controls (mean age = 31.2; 14 male)**

# Neurobiology of Persistent vs. Remitted Adult ADHD

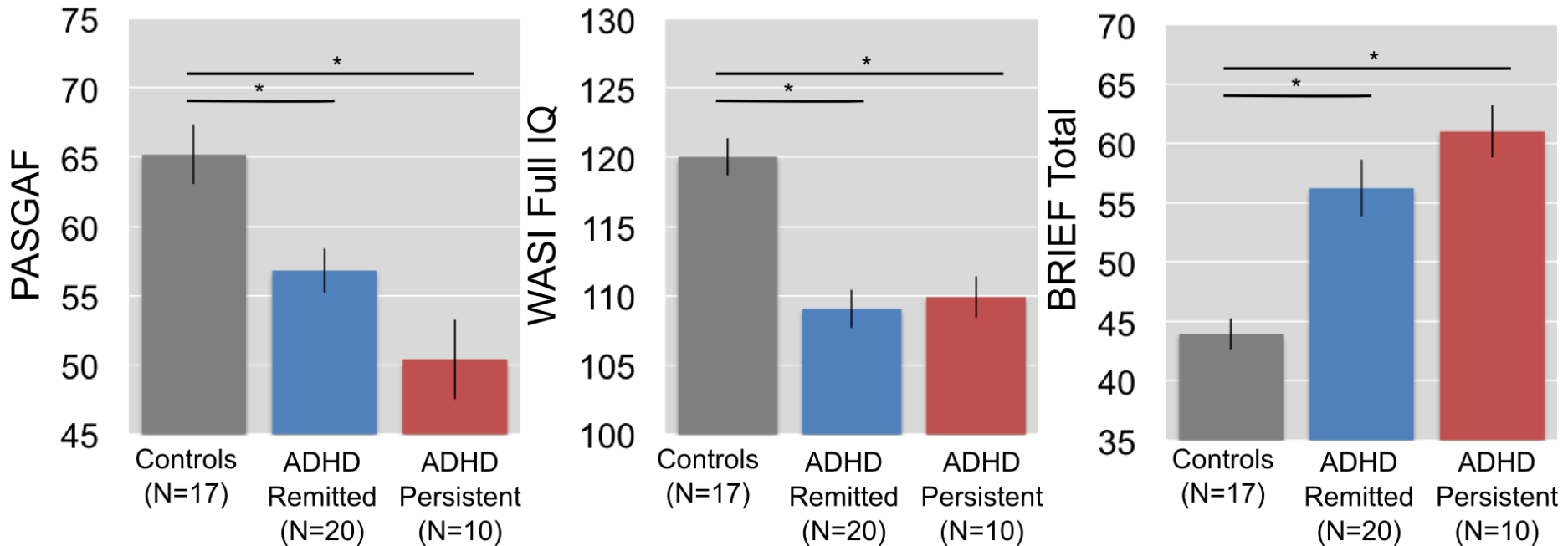
Is there a neurobiological distinction between  
*persistent* ADHD and *remitted* ADHD?

# Neurobiology of Persistent vs. Remitted Adult ADHD

- **17 Controls (mean age = 28.7; 11 male)**
- **20 Remitted ADHD (mean age = 27.5; 8 male)**
- **10 Persistent ADHD (mean age = 28.3; 10 male)**
  - **Full DSM-IV criteria: 6 or more symptoms and all other diagnostic requirements (e.g., age of onset)**
  - **Subthreshold DSM-IV criteria: more than half but less than full diagnostic criteria (4 or 5 active symptoms) and all other diagnostic requirements**

**Mattfeld et al., *Brain*, 2014**

# Neurobiology of Persistent vs. Remitted Adult ADHD

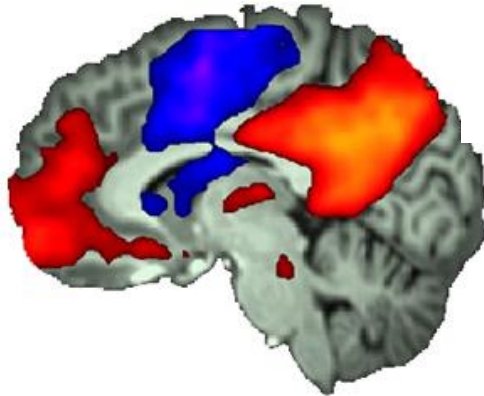


*PASGAF = Past Global Assessment of Functioning Scale;*  
*BRIEF = Behavior Rating Inventory of Executive Function*

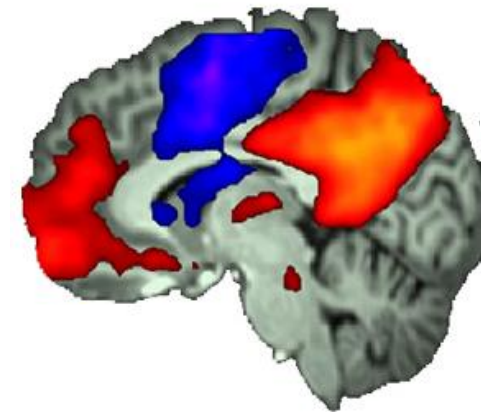
**No significant differences between Persistent & Remitted ADHD on 9 other neuropsychological tests or childhood severity of ADHD**

# Neurobiology of Persistent vs. Remitted Adult ADHD

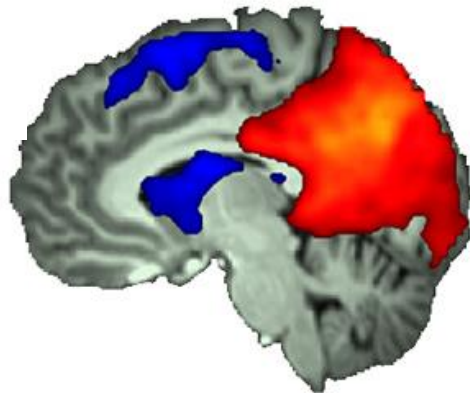
**Controls**



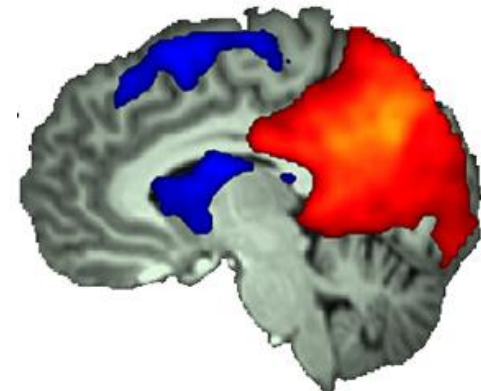
**Remitted ADHD?**



**Persistent ADHD**

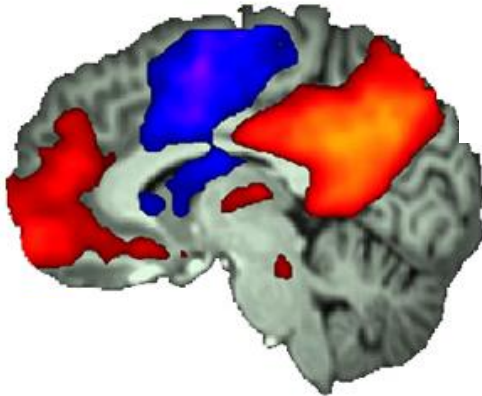


**Remitted ADHD?**

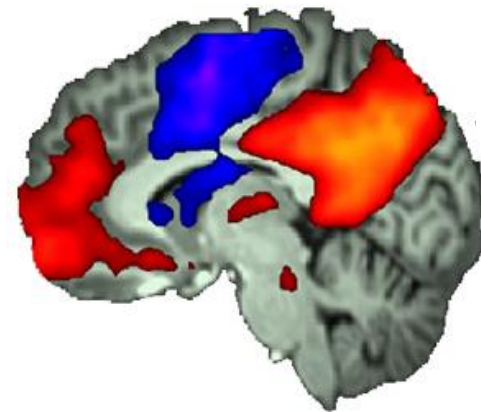


# Neurobiology of Persistent vs. Remitted Adult ADHD

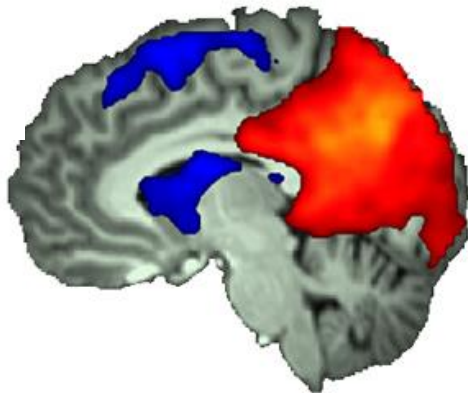
**Controls**



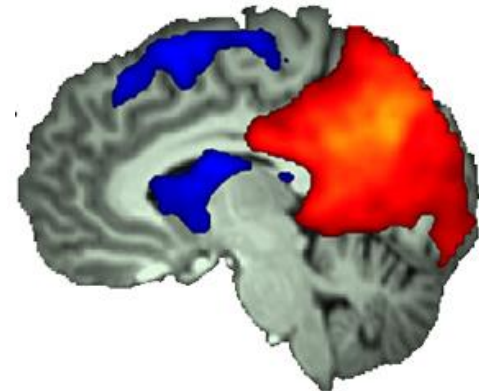
**Remitted ADHD?**



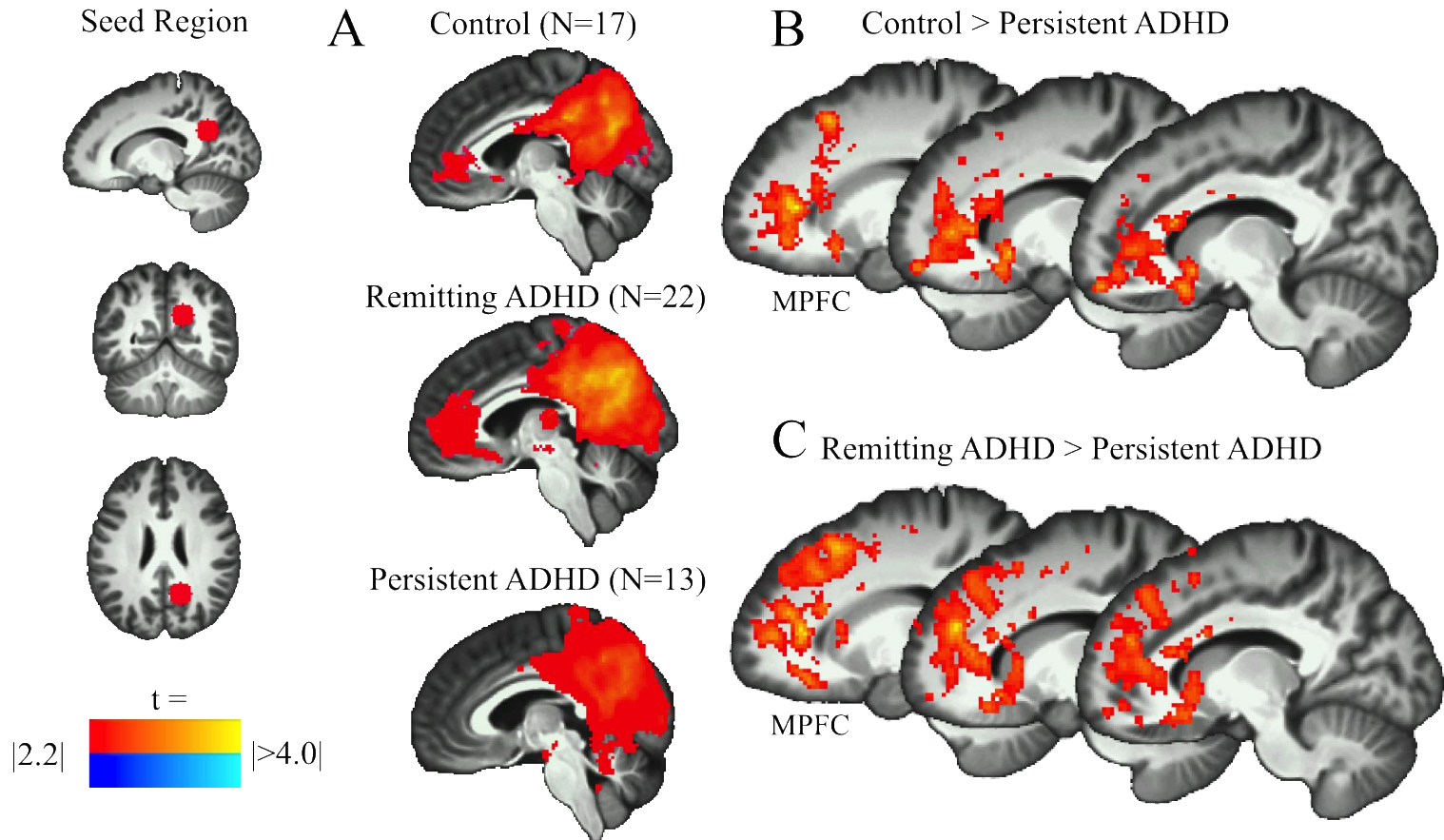
**Persistent ADHD**



**Remitted ADHD?**





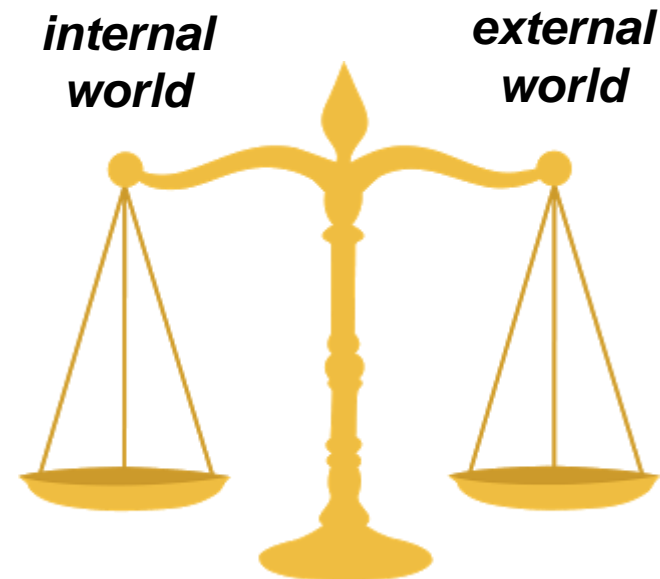
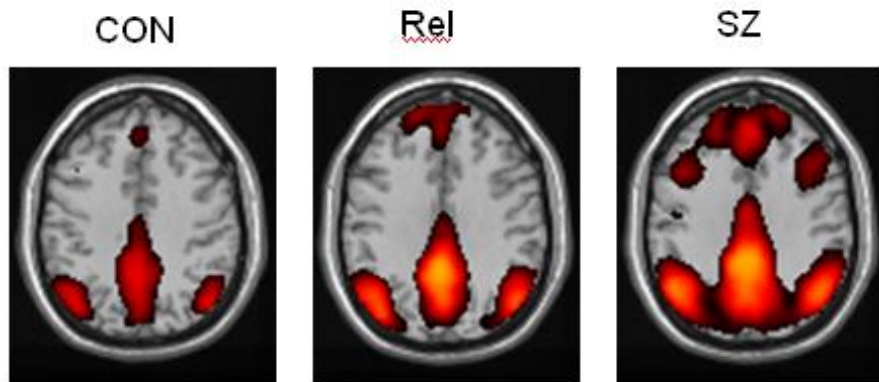
# Reduced MPFC-PCC Coupling Reflects Current Diagnostic State of ADHD





# Neurobiology of Persistent vs. Remitted Adult ADHD

- Persistent ADHD –  DMN connectivity
- Schizophrenia –  DMN connectivity



# Heterogeneity in ADHD

**Individuals with ADHD may vary in the extent to which one or more systems are atypical**

- **Reward system**
- **Sustained attention system**
- **Executive function system**

# Heterogeneity in ADHD

- **Executive function system regulation/management of cognitive (& emotional) processes**
  - working memory
  - reasoning
  - flexibility
  - problem solving
  - planning & execution of plan

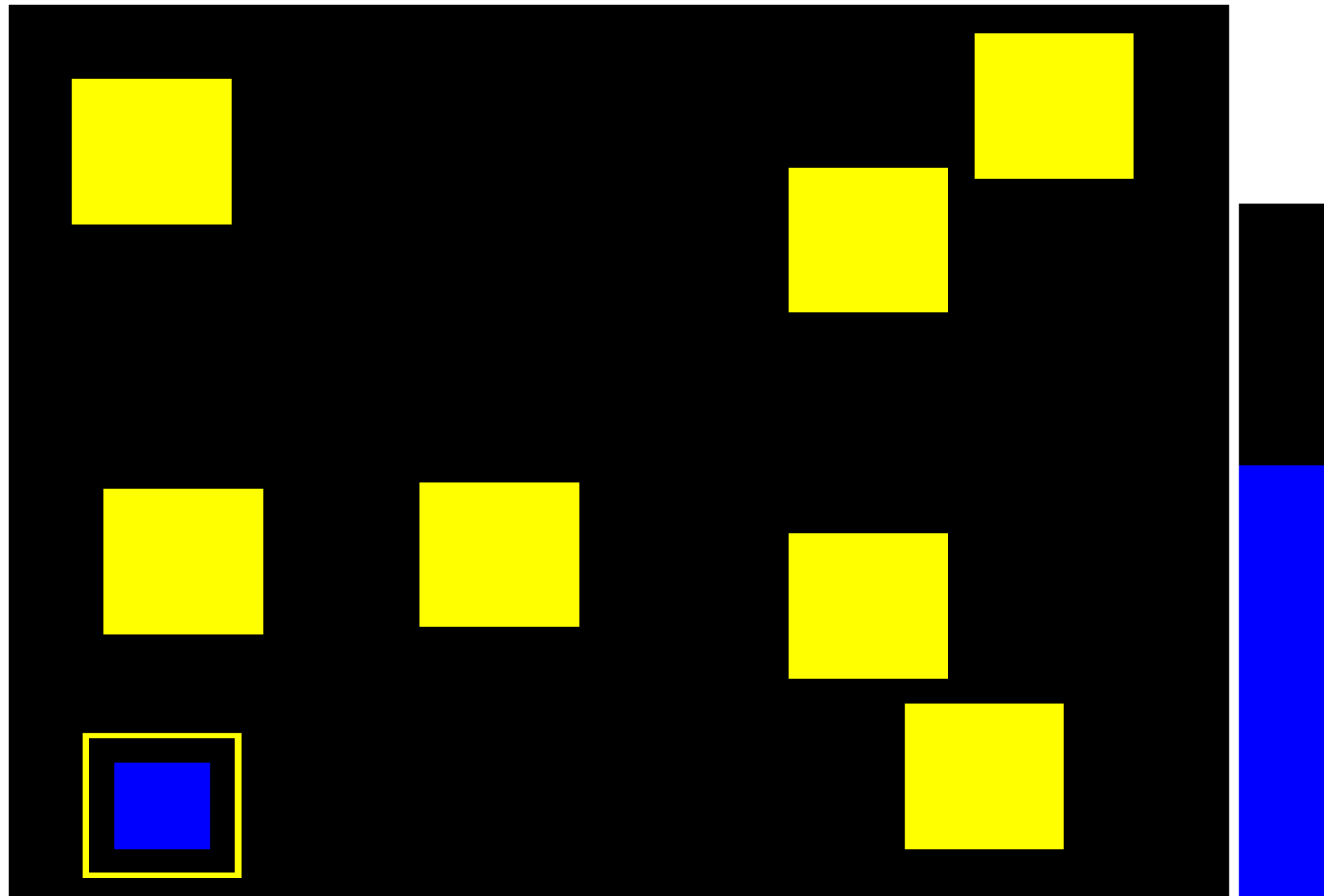
**a core weakness in ADHD**

**Barkley, 1997**

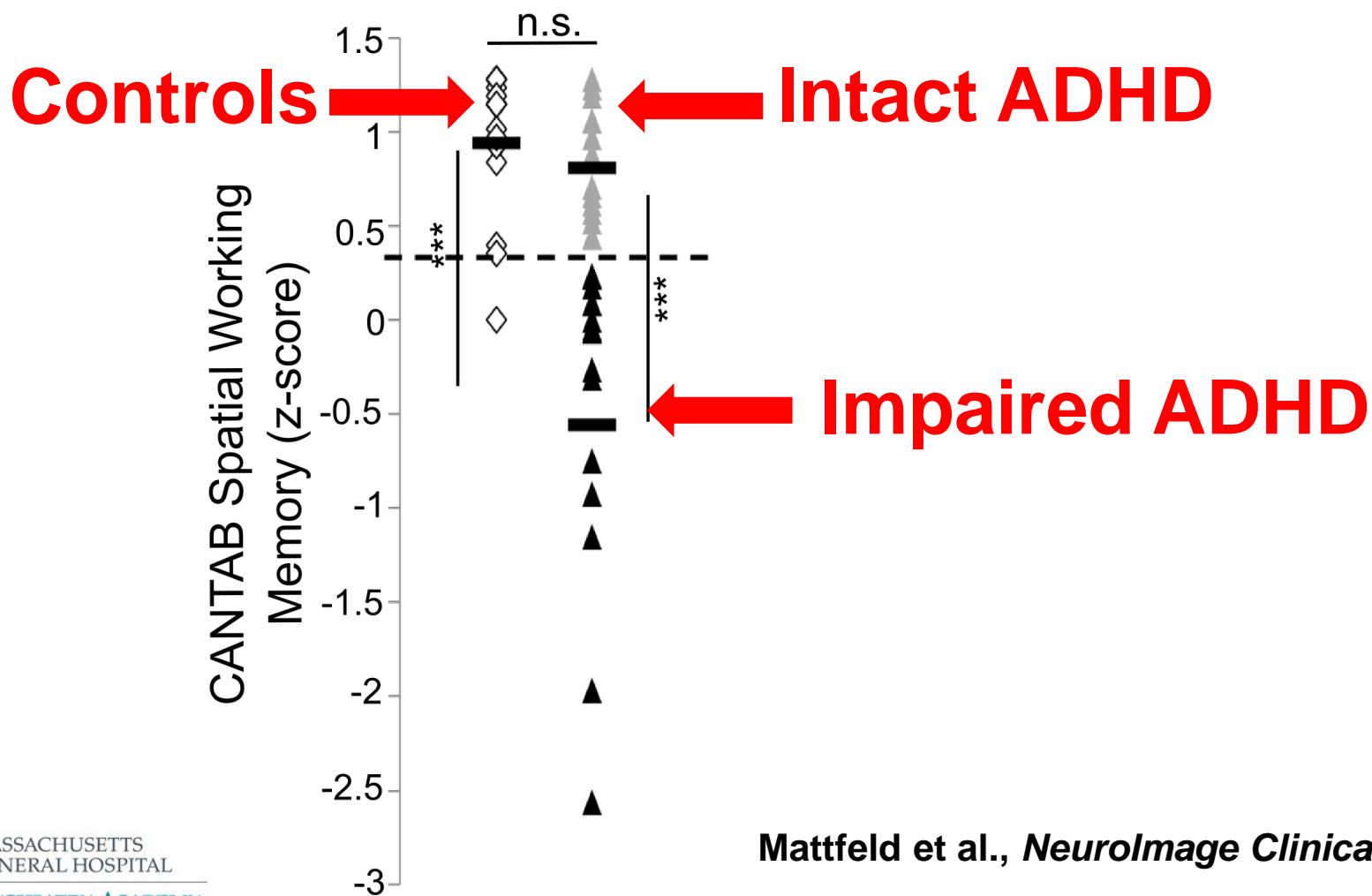
# Heterogeneity in ADHD

- **Executive function system  
a core weakness in ADHD  
Barkley, 1997**
- **but, about 50% of ADHD patients have intact  
executive functions** (Nigg 2005; Castellanos, 2006)
- **impaired executive functions tend to remain  
constant, and are associated with worse  
outcomes in ADHD** (Miller, 2012; Biederman, 2004, 2006)
- **can executive dysfunction be separated  
from ADHD?**

# Adult patients with childhood ADHD divided by performance on a CANTAB spatial working memory task



# Intact & Impaired ADHD Groups

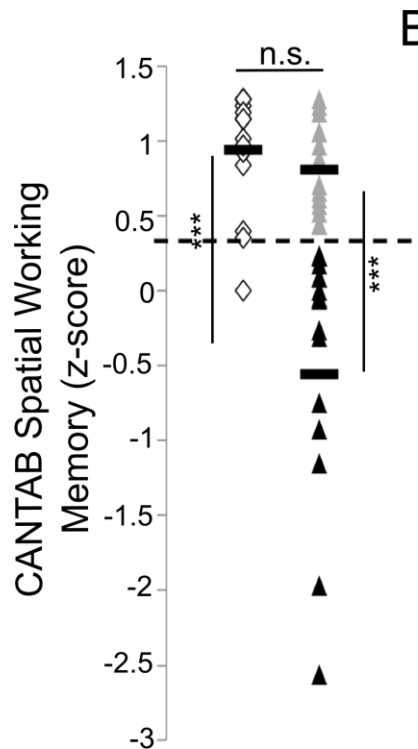


Mattfeld et al., *NeuroImage Clinical*, 2016

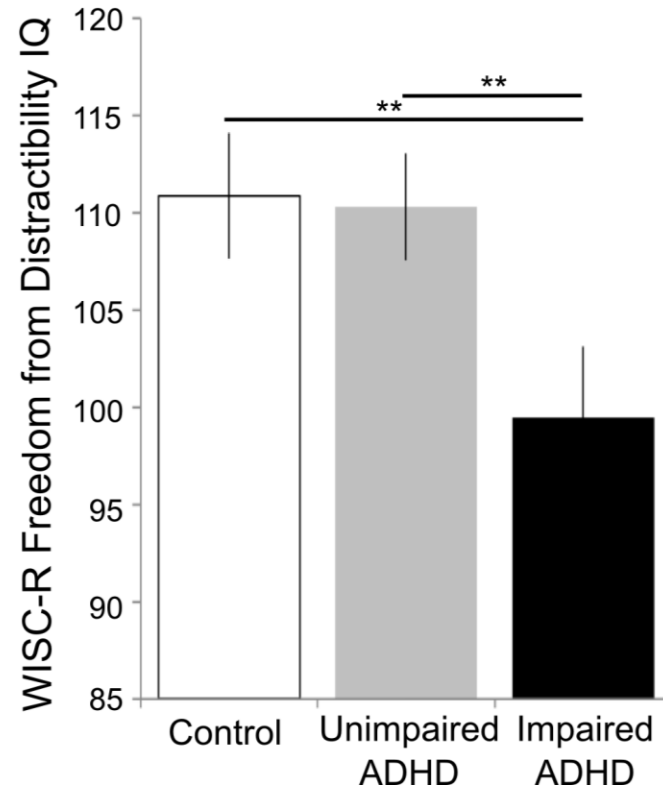
# WM-Intact & WM-Impaired ADHD Groups

## Persistence Across Development

*Adulthood*

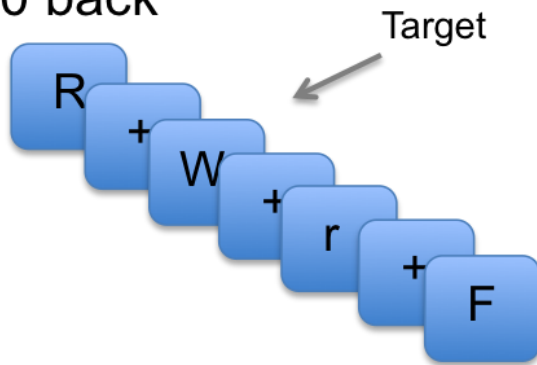


*Childhood*

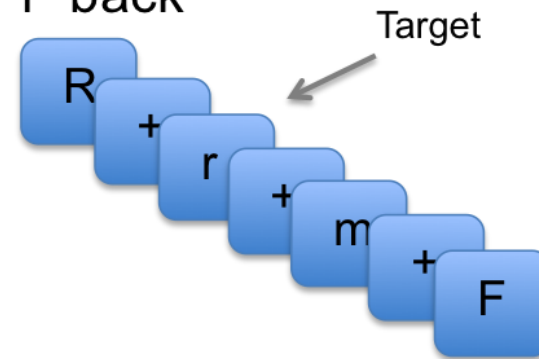


# N-Back Working Memory Task With Increasing Demand (Load)

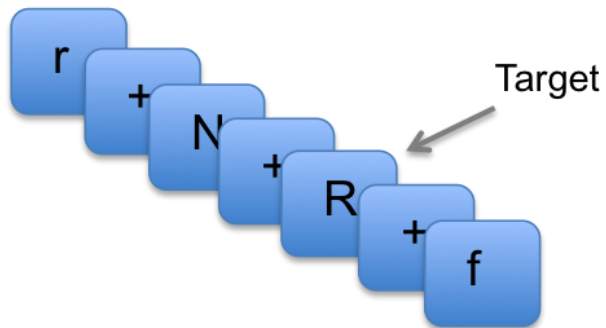
0 back



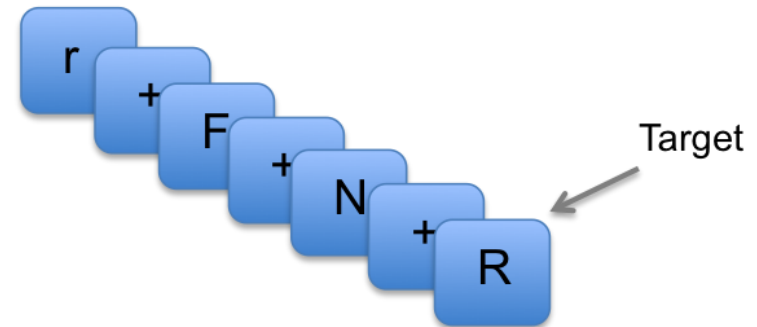
1 back



2 back

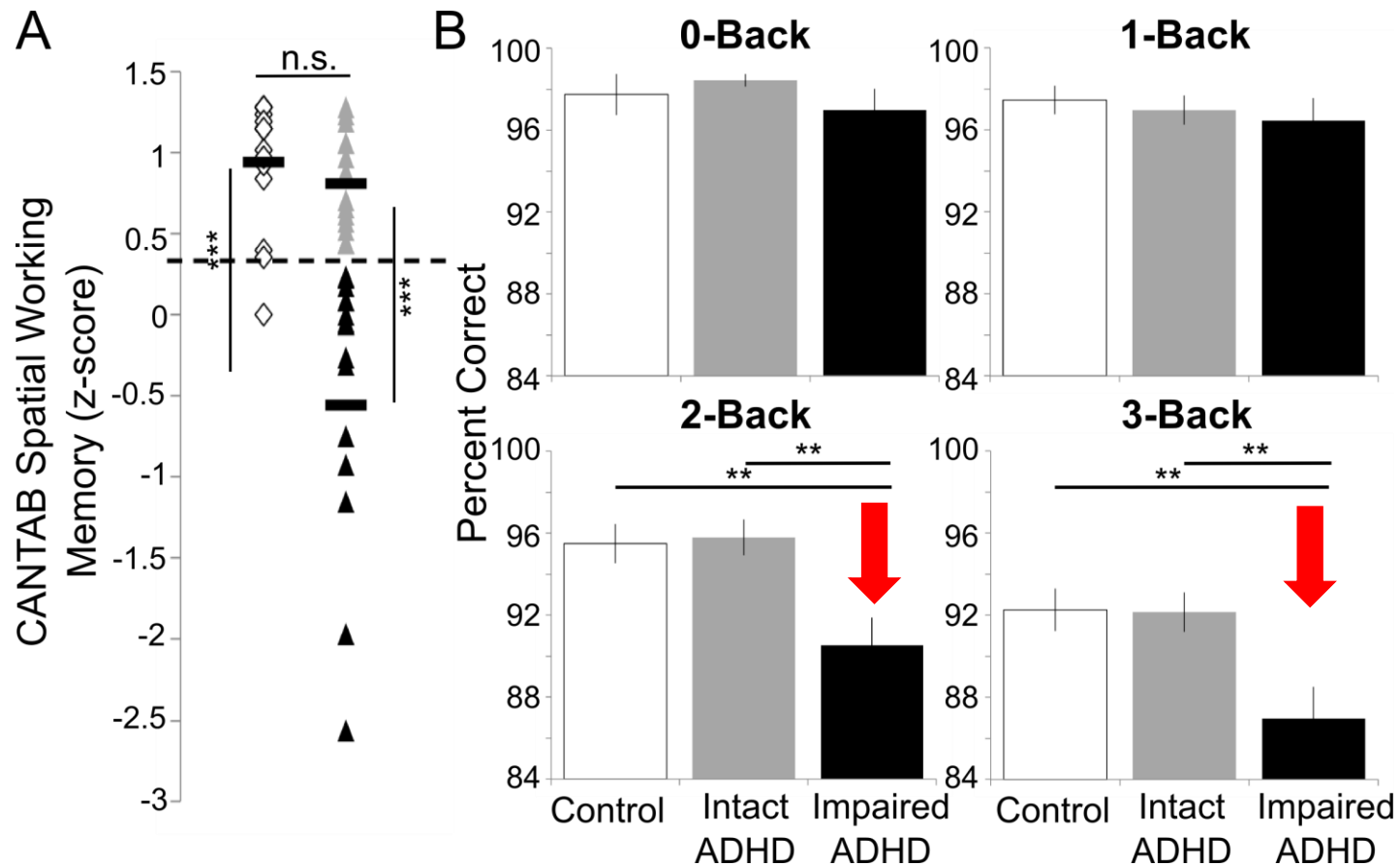


3 back



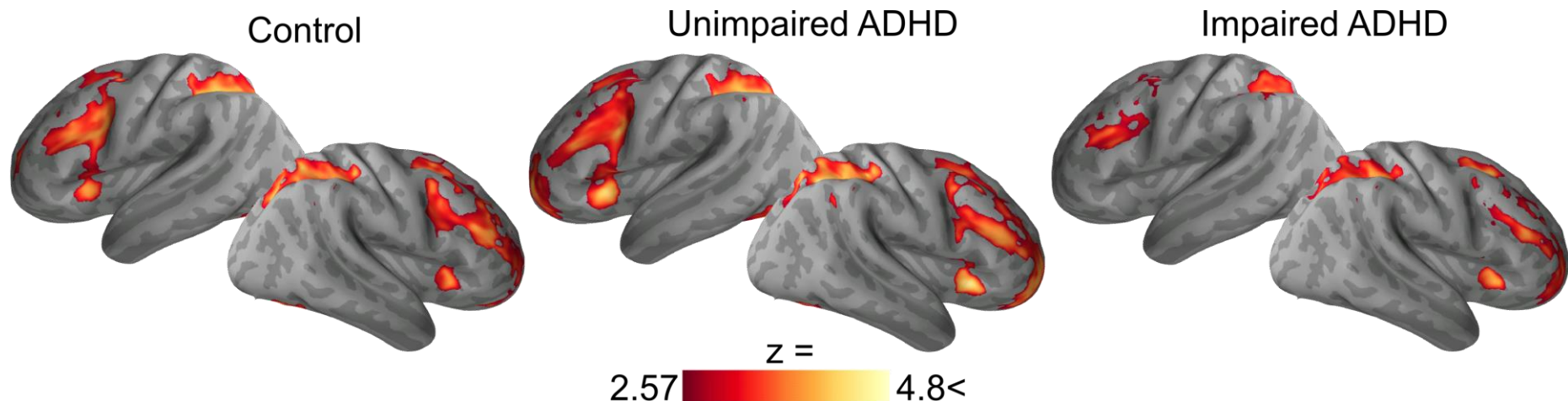


# WM-Intact & WM-Impaired ADHD Groups

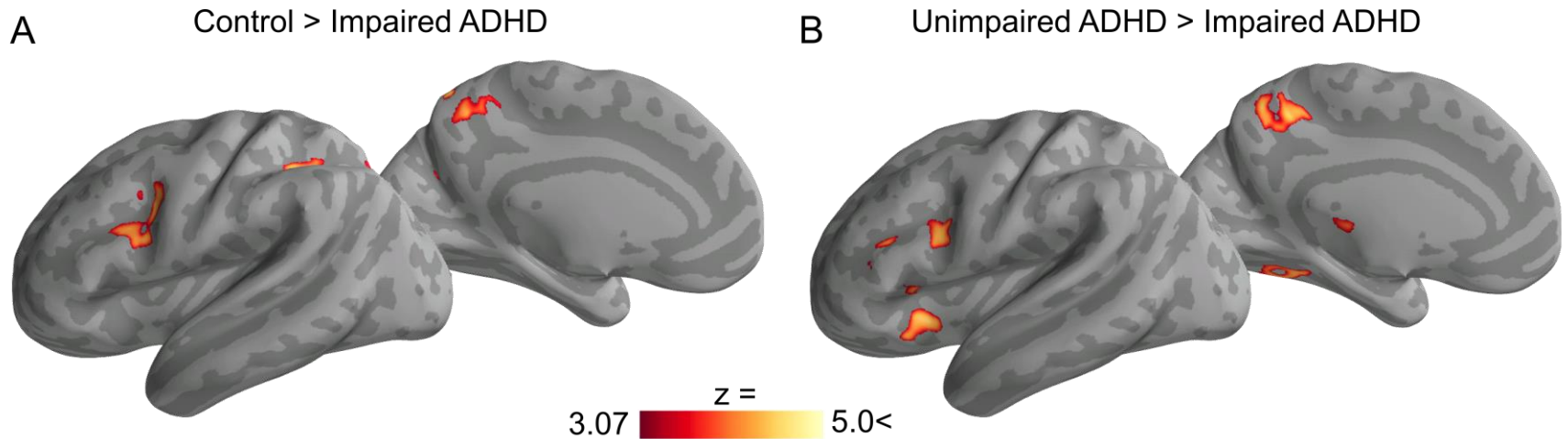


# WM-Intact & WM-Impaired ADHD Groups

- Increased activation with increased WM load in fronto-parietal WM network  
*3-back > 2-back > 1-back > 0-back*
- Reduced activation only in WM-Impaired ADHD group

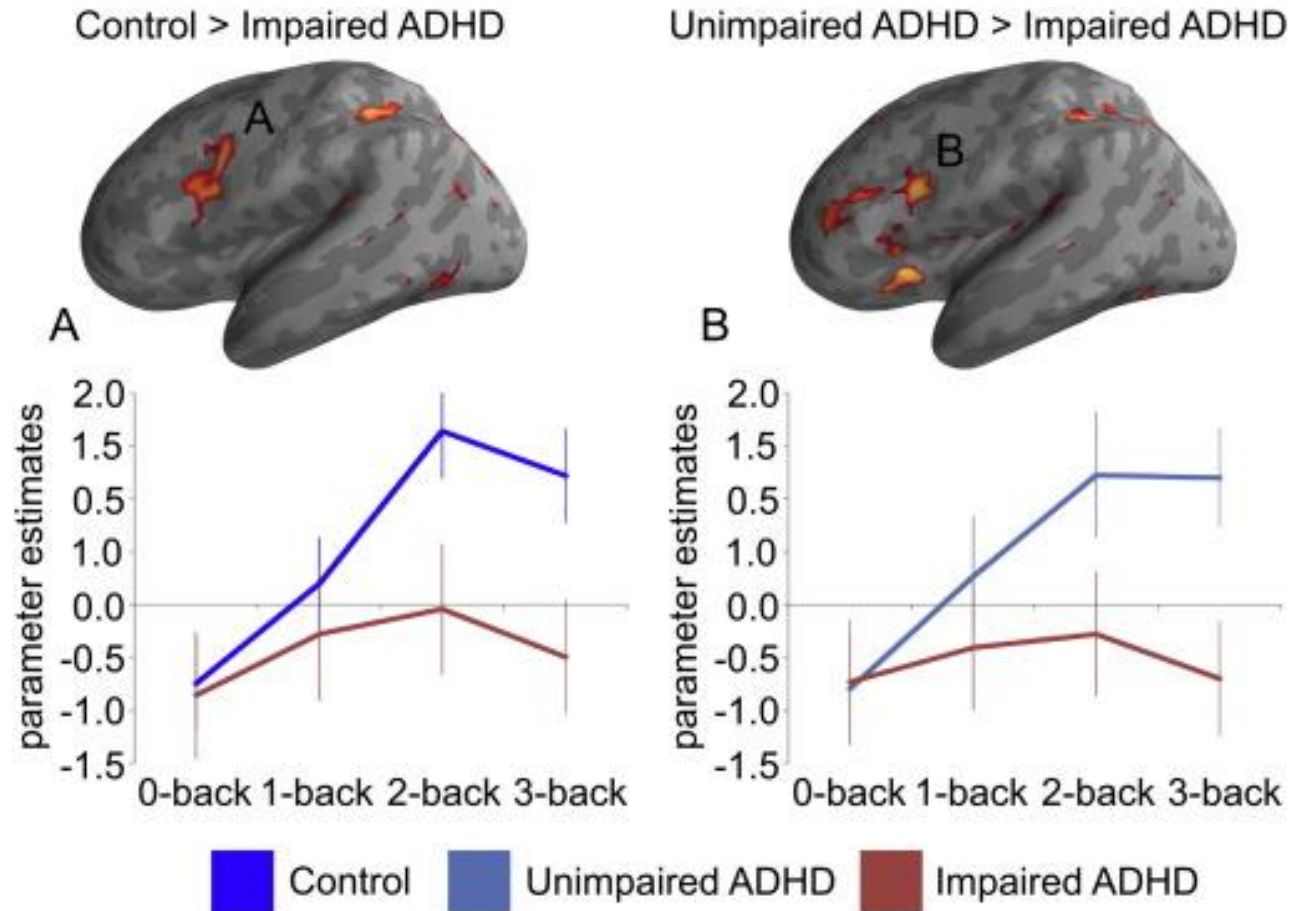


# WM-Intact & WM-Impaired ADHD Groups



- **Direct statistical comparison between groups**
- **Reduced activation *only* in WM-Impaired ADHD group**
  - **relative to Control Group & WM-Intact Group**
  - **no difference between Control & WM-Intact groups**

# WM-Intact & WM-Impaired ADHD Groups



**Failure to recruit WM circuit with increasing WM demands**

Matfeld et al., *NeuroImage Clinical*, 2016

[www.mghcme.org](http://www.mghcme.org)

# Dissociation Between Working Memory Impairment & ADHD

- **altered fMRI activation in fronto-parietal network for N-Back in ADHD**

(e.g., Chantiluke et al., 2015, Cubillo et al., 2014, Fassbender et al., 2011, Ko et al., 2013, Kobel et al., 2009, Li et al., 2014, Silk et al., 2005, Valera et al., 2005, Valera et al., 2010, Vance et al., 2007)

# Dissociation Between Working Memory Impairment & ADHD

- **altered fMRI activation in fronto-parietal network for N-Back in ADHD**

(e.g., Chantiluke et al., 2015, Cubillo et al., 2014, Fassbender et al., 2011, Ko et al., 2013, Kobel et al., 2009, Li et al., 2014, Silk et al., 2005, Valera et al., 2005, Valera et al., 2010, Vance et al., 2007)

- **neuroimaging studies often report activation differences without WM performance differences**

(e.g., Chantiluke et al., 2015, Fassbender et al., 2011, Ko et al., 2013, Li et al., 2014, Silk et al., 2005, Valera et al., 2005, Valera et al., 2010, Vance et al., 2007)

# Dissociation Between Working Memory Impairment & ADHD

- **altered fMRI activation in fronto-parietal network for N-Back in ADHD**

(e.g., Chantiluke et al., 2015, Cubillo et al., 2014, Fassbender et al., 2011, Ko et al., 2013, Kobel et al., 2009, Li et al., 2014, Silk et al., 2005, Valera et al., 2005, Valera et al., 2010, Vance et al., 2007)

- **neuroimaging studies often report activation differences without WM performance differences**

(e.g., Chantiluke et al., 2015, Fassbender et al., 2011, Ko et al., 2013, Li et al., 2014, Silk et al., 2005, Valera et al., 2005, Valera et al., 2010, Vance et al., 2007)

- **patient heterogeneity from study to study?**

# Dissociation Between Working Memory Impairment & ADHD

---

- **but why are executive functions so often compromised in ADHD?**
- **shared polygenic pathways?**



# Neurodiversity in Adult ADHD

- Does the adult definition of ADHD correspond to a neurobiological distinction? **YES**

*Persistent vs. Remitted ADHD  
(state & trait) vs. (trait only)*

- Is there a neurobiological dissociation between executive function (working memory capacity/WMC) and ADHD? **YES**

*intact vs. impaired WMC*

# Collaborators

- **ADHD**

**Joseph Biederman**

**Aaron Mattfeld**

**Thomas Spencer**

**Ariel Brown**

**Elana Kagan**

**Susan Whitfield-Gabrieli**