

## **Medical Psychiatry: Comprehensive Update Conference 2025**

Thursday, September 18th- Sunday, September 21st, 2025

*Live-Stream*

### **WELCOME**

Mass General Brigham's Medical Psychiatry: Comprehensive Update conference is becoming a leading venue for showcasing advances in the application of medical psychiatry. The 2025 course will be held virtually over four days: Thursday, September 18th, through Sunday, September 21st, 2025.

Medical Psychiatry, or Consultation Liaison Psychiatry (CL), is an exciting and rapidly growing field that is at the forefront of integrated medical and psychiatric practice in both the general hospital and outpatient settings. Providers specialize in the treatment of acute psychiatric disorders, including those at the interface of medicine and psychiatry, such as delirium, catatonia, neurocognitive disorders, and complications of psychiatric illness or interventions. There is a focus on the evaluation and comprehensive treatments, including psychopharmacologic and psychological therapies of patients with neuropsychiatric symptoms that may result from medical, surgical, gynecologic, and oncologic illness, as well as patients with primary psychiatric illness complicated by medical disease.

This course is designed to enhance participants' knowledge and skills for diagnostic workup and treatment of patients suffering from both psychiatric and medical disorders. Course material will review cutting-edge clinical research, evidence-based interventions, and practical guidelines for clinicians and trainees. The course content will include the process of psychiatric assessment and consultation in the medical setting, including novel deliveries of care, management of challenging psychiatric presentations in the inpatient, emergency, and outpatient settings, treatment of substance use in the medical setting, and non-pharmacological interventions. There will also be the opportunity to discuss the psychiatric impact and management of patients in specialty settings, including burn/trauma, neuropsychiatry, addiction, critical care, cardiology, oncology, transplant, women's mental health, and other areas. This course also provides an opportunity for a comprehensive review before the American Board of Psychiatry and Neurology specialty board exams, which are being held later this year. Learners will benefit from a variety of educational formats, including lectures, case discussions, question and answer sessions, and an electronic syllabus.

Thank you for joining us at this important conference!

### **TARGET AUDIENCE**

This course is targeted to Specialty Physicians, Physicians Assistants, Nurse Practitioners, Psychologists, and Primary Care Physicians.

### **EVALUATION FORMS/CME/CEU CERTIFICATES**

Every participant needs to complete the activity evaluation online to claim CME/CEU credits for this course. Please refer to the **Evaluation and CME Information** document in this syllabus for more information. We strongly encourage you to complete the evaluation, even if you do not require a certificate. Your comments are

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important to us as we plan future programs. The link to claim credit is as follows:

<http://mghcme.org/MGBMedicalPsychiatry2025>

For questions with completing your evaluation or claiming your certificate, please call the MGH Psychiatry Academy at 866-644-7792 or email [mghcme@mgh.harvard.edu](mailto:mghcme@mgh.harvard.edu)

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### **CONTACT INFORMATION**

For questions or comments, please contact MGH Psychiatry Academy member services at 866-644-7792 or [mghcme@mgh.harvard.edu](mailto:mghcme@mgh.harvard.edu)

### **LEARNING OBJECTIVES**

At the end of this educational activity, participants should be able to:

- Describe best practices in providing psychiatric consultation in medical and surgical settings.
- Analyze the components of psychosocial formulation and apply them to complex clinical cases.
- Discuss ethical and legal considerations relevant to capacity assessments in hospitalized patients.
- Select and utilize evidence-based strategies for managing agitation in medically ill patients.
- Identify and explain key features of catatonia, neuroleptic malignant syndrome, and serotonin syndrome.
- Apply structured approaches to assess suicide risk in patients with and without co-occurring medical illness.
- Critique system-level and clinical challenges related to emergency department psychiatric boarding.
- Describe management strategies for behavioral dysregulation in developmentally delayed youth.
- Interpret ECGs in psychiatric patients and assess the risk of QTc prolongation associated with psychotropic medications.
- Explain psychiatric care considerations in intensive care and critical care environments.
- Discuss the pathophysiology of delirium and demonstrate prevention and treatment strategies.
- Assess the psychiatric and medical dimensions of eating disorders in hospitalized patients.
- Design and apply safe, evidence-based treatment plans for perinatal mental health and substance use disorders.
- Prepare comprehensive psychiatric evaluations for organ transplant candidates.
- Use integrated psychiatric approaches in the management of chronic illness, pain, and addiction.

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- Identify and explain neuropsychiatric symptoms related to HIV, autoimmune, endocrine, and oncologic conditions.
- Explain the bidirectional relationship between psychiatric disorders and gastrointestinal diseases, and apply integrated management strategies to improve outcomes in patients.
- Discuss ethical, legal, and clinical considerations related to physician-assisted death, and apply best practices for psychiatric evaluation and support of patients at the end of life.
- Describe neuropsychiatric manifestations of dementia and revise treatment plans based on disease stage.
- Identify neuropsychiatric presentations associated with epilepsy and stroke and apply treatment strategies in medical settings.
- Critique diagnostic approaches to functional neurological disorders and design interdisciplinary treatment plans.

### ACCREDITATION



In support of improving patient care, MGH Institute of Health Professions is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team

#### **Physicians:**

MGH Institute of Health Professions designates this live activity for a maximum of 26.25 *AMA PRA Category 1 Credits*™. Physicians should claim only credit commensurate with the extent of their participation in this activity.

#### **Psychologists:**

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. MGH Institute of Health Professions designates this activity for 26.25 CE credit.

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### **Nurses:**

MGH Institute of Health Professions designates this activity for 26.25 contact hours for nurses.

### **Social Workers:**



As a Jointly Accredited Organization, MGH Institute of Health Professions is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program.

Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. MGH Institute of Health Professions maintains responsibility for this course. Social workers completing this course receive 26.25 clock hours for continuing education credits.

### **IPCE Credit**



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 26.25 Interprofessional Continuing Education (IPCE) credits for learning and change.

**Other CE Licenses:** Other Providers can claim a Participation Certificate upon successful completion of this course. Participation Certificates will specify the title, location, type of activity, date of activity, and number of *AMA PRA Category 1 Credits*™ associated with the activity. Providers should check with their regulatory agencies to determine ways in which *AMA PRA Category 1 Credits*™ may or may not fulfill continuing education requirements. Providers should also consider saving copies of brochures, agenda, and other supporting documents.

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### **AGENDA**

All agenda sessions are in Eastern Time.

#### **Thursday, September 18, 2025**

##### **DAY ONE**

- 8:45-8:50 AM      **Welcome & Introductory Remarks**  
Adrienne Taylor, MD, Sejal Shah, MD, Heidi Holiver, NP and David Silbersweig, MD
- 8:50-9:00 AM      **Chair's Welcome: Consultation Liaison Psychiatry and It's Value**  
Maurizio Fava, MD

#### **MODULE TOPIC 1: Core Clinical Skills: Consultation, Formulation and Ethics**

- 9:00-9:45 AM      **Psychiatric Consultation in the Medical/Surgical Setting: The Art of the Consult**  
Dave Gitlin, MD
- 9:45-10:30 AM      **Applying Psychosocial Formulation and Intervention in Complex Clinical Settings**  
Michelle Jacobo, PhD
- 10:30-11:00 AM      **Difficult Capacity Assessments: Ethical and Legal Considerations**  
Jhिलam Biswas, MD
- 11:00-11:15 AM      **Panel Discussion - Q&A**
- 11:15-11:30 AM      **Break**

#### **MODULE TOPIC 2: Acute Psychiatric Syndromes: Assessment and Intervention in the General Hospital**

- 11:30 AM-12:15 PM      **Management of Agitation in the Medical Setting**  
Naomi Schmelzer, MD
- 12:15-1:15 PM      **Psychiatric Emergencies: Catatonia, NMS, Serotonin Syndrome**  
Nathan Praschan, MD, MPH
- 1:15-1:30 PM      **Panel Discussion - Q&A**

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1:30-2:30 PM      **Lunch**

### **MODULE 3: System-Level Strategies for Psychiatric Crisis Management**

2:30-3:30 PM      **Acute Psychiatric Management and ED Boarding**  
Sejal Shah, MD

3:30-4:00 PM      **Suicide Risk Assessment**  
Heidi Holiver, NP

4:00-4:45 PM      **Management of Behavioral Outbursts in Developmentally Delayed Children,  
Adolescents and Young Adults in the Hospital Setting**  
Usman Ghumman ,MD, MPH

4:45-5:00 PM      **Panel Discussion - Q&A**

5:00-5:05 PM      **Closing Remarks**

### **Friday, September 19, 2025**

DAY TWO

8:55-9:00 AM      **Welcome & Introductory Remarks**

### **MODULE 4: Cardiac Risk in CL Psychiatry: ECGs, QTc and Psychotropic Medications**

9:00-9:30 AM      **ECG Interpretation for the CL Psychiatrist**  
Christopher Celano, MD

9:30-10:00 AM      **QTc Prolongation: Overview of Medications**  
Scott Beach, MD

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10:00-10:30 AM      **QTc Prolongation: Risk Stratification and Mitigation for Challenging Clinical Cases**  
Margo Funk, MD, MA

10:30-10:45 AM      **Panel Discussion - Q&A**

10:45-11:00 AM      **Break**

### **MODULE 5: Psychiatric Care in the Critically Ill: Delirium and Beyond**

11:00-11:30 AM      **Critical Care Psychiatry**  
Maureen Cassady, MD

11:30 AM-12:15 PM      **Delirium: Pathophysiology, Prevention and Treatment**  
Felicia Smith, MD

12:15-12:30 PM      **Panel Discussion - Q&A**

12:30-1:30 PM      **Lunch**

### **MODULE 6: Managing Psychiatric Syndromes in Reproductive and Eating Disorders**

1:30-2:15 PM      **Pharmacological Considerations in Pregnancy**  
Polina Teslyar, MD

2:15-3:00 PM      **Medically Unstable Eating Disorder**  
Youngjung Rachel Kim, MD PhD

3:00-3:15 PM      **Panel Discussion – Q&A**

3:15-4:00 PM      **Management of Substance Use Disorders in Pregnancy**  
Sarah Bernstein, MD

4:00-4:45 PM      **PMDD/Menopause**  
Hadine Joffe, MD MSc

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4:45-5:00 PM **Panel Discussion - Q&A**

5:00-5:10 PM **Closing Remarks**

**Saturday, September 20, 2025**

DAY THREE

8:55-9:00 AM **Welcome & Introductory Remarks**

### **MODULE 7: Psychiatric Care in Medically Complex and Trauma-Affected Patients**

9:00-9:45 AM **Comprehensive Evaluation and Assessment of Transplant**  
Fremonta Meyer, MD

9:45-10:15 AM **Care of Complicated Burn and Trauma Patient**  
Adrienne Taylor, MD

10:15-10:45 AM **Trauma-Informed Care in the Hospital Setting**  
Nomi Levy-Carrick, MD, MPhil

10:45-11:00 AM **Panel Discussion - Q&A**

11:00-11:15 AM **Break**

### **MODULE 8: Managing Substance Use, Pain and Addiction in Medically Complex Care**

11:15-11:45 PM **Management of Substance Use Disorders in the Medical Setting**  
David B. Hathaway, MD

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- 11:45 AM-12:15 PM      **Interface of Pain and Addiction in CL**  
Claire Twark, MD
- 12:15-12:45 PM        **Counseling around the Use of Medical Cannabis**  
Roxanne Sholevar, MD
- 12:45-1:00 PM        **Panel Discussion - Q&A**
- 1:00-2:00 PM         **Lunch**

### **MODULE 9: Psychiatry at the End of Life: Cancer, Cognition and Complex Decisions**

- 2:00-2:45 PM         **Psycho-Oncology Primer**  
Carlos Fernandez-Robles, MD, MBA
- 2:45-3:15 PM        **Management at the End of Life**  
Zachary Sager, MD
- 3:15-3:45 PM        **Neurocognitive Effects from Chemotherapy**  
Damien Miran, MD
- 3:45-4:15 PM        **Medical Aid in Dying**  
John Peteet, MD
- 4:15-4:30 PM        **Panel Discussion - Q&A**
- 4:30-4:35 PM        **Closing Remarks**

**Sunday, September 21, 2025**

DAY FOUR

8:55-9:00 AM        **Welcome & Introductory Remarks**

### **MODULE 10: Collaborative Psychiatric Care in Gastrointestinal and Endocrine Disorders**

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9:00-9:30 AM

**Psychiatric Disorders in Gastrointestinal Diseases**

Ashwini Nadkarni, MD

9:30-10:15 AM

**Endocrine and Metabolic Disorders: A Medical Psychiatry Focus**

Catherine Gonzalez, MD

10:15-10:30 AM

**Panel Discussion - Q&A**

10:30-10:45 AM

**Break**

**MODULE 11: Neuropsychiatric Syndromes in Autoimmune and Infectious Diseases**

10:45-11:30 AM

**Inflammation, Autoimmune Disorders and Psychiatric Illness**

Rishab Gupta, MD

11:30 AM-12:15 PM

**Neuropsychiatric Manifestations and Pharmacologic Considerations in HIV and other Infectious Disorders**

John Grimaldi, MD

12:15-12:30 PM

**Panel Discussion - Q&A**

12:30-1:30 PM

**Lunch**

**MODULE 12: Neuropsychiatry in Medical Settings: From Dementia to Functional Disorders**

1:30-2:15 PM

**Neurocognitive Impairment and Dementia: Clinical Principles and Bedside Assessment**

Scott McGinnis, MD

2:15-2:45 PM

**Epilepsy and Stroke**

Daniel Weisholtz, MD

2:45-3:15 PM

**Neuropsychiatry of Movement Disorders**

Stanley Lyndon, MD

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3:15-3:45 PM	<b>Functional Neurologic and Somatoform Disorders: Assessment and Management</b> Gaston Baslet, MD
3:45-4:00 PM	<b>Panel Discussion - Q&amp;A</b>
4:00-4:10 PM	<b>Closing Remarks</b> Adrienne Taylor, MD and Sejal Shah, MD

### **FACULTY**

### **PLANNERS**

#### **Course Directors:**

Adrienne Taylor, MD  
Brigham Women's Hospital Psychiatry  
Associate Director, BWH Division of Medical Psychiatry

Sejal Shah, MD  
Brigham Women's Hospital Psychiatry  
Associate Chief, Division of Psychiatry in Medicine, Mass General Brigham  
Associate Vice Chair, Clinical Consultation Services, Department of Psychiatry, Brigham and Women's Hospital  
Assistant Professor of Psychiatry, Harvard Medical School

David Silbersweig, MD  
Chairman Emeritus, Brigham Women's Hospital Psychiatry  
Chairman Emeritus, Department of Psychiatry  
Brigham and Women's Hospital  
Stanley Cobb Professor of Psychiatry

Heidi (Boland) Holiver, DNP, MS  
Brigham Women's Hospital Division of Medical Psychiatry  
Psychiatric/Mental Health Nurse Practitioner  
Brigham and Women's Hospital  
Psychiatry Department

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### **Planners:**

Adrienne Taylor, MD,  
Brigham Women's Hospital Psychiatry  
Associate Director, BWH Division of Medical Psychiatry

Sejal Shah, MD,  
Brigham Women's Hospital Psychiatry  
Associate Chief, Division of Psychiatry in Medicine, Mass General Brigham  
Associate Vice Chair, Clinical Consultation Services, Department of Psychiatry, Brigham and Women's Hospital  
Assistant Professor of Psychiatry, Harvard Medical School

David Silbersweig, MD,  
Chairman Emeritus, Brigham Women's Hospital Psychiatry  
Chairman Emeritus, Department of Psychiatry  
Brigham and Women's Hospital  
Stanley Cobb Professor of Psychiatry

Heidi (Boland) Holiver, DNP, MS  
Brigham Women's Hospital Division of Medical Psychiatry  
Psychiatric/Mental Health Nurse Practitioner  
Brigham and Women's Hospital  
Psychiatry Department

Michelle Horgan, Education Programs Manager

Camila Loayza, Programs Co-op student

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David H. Rubin, MD  
COI Content Reviewer

Aaron R. Hoffman, DO, MPH  
CME Content Reviewer

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Jane Davis, CRNP, DNP  
Nurse Content Reviewer

Jane Pimental, MPH  
Managing Director  
Massachusetts General Hospital Psychiatry Academy

Susan Sprich, PhD  
Psychology Reviewer

### **FACULTY**

Gaston Baslet, MD  
Neuropsychiatry, Bruce W. Carter VA Medical Center, Miami, FL  
Associate Professor of Psychiatry, Boston, MA

Scott Beach, MD, MGH Psychiatry  
Psychiatrist, MGH Acute Psychiatric and Psychiatric Consultation Service  
Associate Professor of Psychiatry, Harvard Medical School

Sarah Bernstein, MD  
Maternal Fetal Medicine Specialist, Department of Obstetrics, Gynecology and Reproductive Biology  
Assistant Professor, Harvard Medical School  
Medical Director of Outpatient Obstetrics  
Obstetrical Director of the MGH HOPE Clinic, Mass General Brigham

Jhila Biswas, MD, BWH Psychiatry  
Director, Psychiatry, Law, and Society Program  
Co-director, Harvard Mass General Brigham Forensic Psychiatry Fellowship  
Consult Liaison Psychiatry Clinical Lead, Forensic Psychiatry  
Mass General Brigham Academic Medical Center  
Instructor Part-Time, Harvard Medical School

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Maureen Cassady, MD, BWH Psychiatry  
Instructor in Psychiatry, Harvard Medical School  
Associate Psychiatrist, Brigham and Women's Hospital

Christopher Celano, MD, MGH Psychiatry  
Associate Director, Cardiac Psychiatry Research Program, MGH  
Associate Professor, Harvard Medical School

Carlos Fernandez-Robles, MD, MBA, BWH Psychiatry  
Chief Of Psychiatry, Brigham and Women's Faulkner Hospital  
Vice-Chair BWFH, Brigham and Women's Hospital  
Assistant Professor of Psychiatry, Harvard Medical School

Margo Funk, MD, MA, BWH Psychiatry  
Director, Cardiovascular Psychiatry Program  
Director, BWH-HMS Psychiatry Residency Training Program  
Brigham and Women's Hospital

Usman Ghumman, MD, MPH  
Director of Autism-Depression Comorbidity, Bressler Program for Autism Spectrum Disorder  
Clinical Instructor of Psychiatry, Harvard Medical School

Dave Gitlin, MD, BWH Psychiatry  
Attending Psychiatrist  
Brigham and Women's Hospital  
Assistant Professor of Psychiatry

Catherine Gonzalez, MD, BWH Psychiatry  
Director of Geriatric Psychiatry, Brigham & Women's Hospital  
Medical Director of Faculty, Trainee & Employee Mental Health, Brigham & Women's Hospital  
Assistant Professor of Psychiatry, Harvard Medical School

John Grimaldi, MD, BWH Psychiatry  
Associate Medical Director, Brigham Psychiatric Specialties  
Assistant Professor of Psychiatry, Harvard Medical School

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Rishab Gupta, MD, BWH Psychiatry  
Associate Psychiatrist, Brigham and Women's Faulkner Hospital  
Staff Neuropsychiatrist, Center for Brain/Mind Medicine, Brigham and Women's Hospital  
Instructor in Psychiatry, Harvard Medical School

David B. Hathaway, MD  
American Board of Psychiatry and Neurology  
Board Certification, Addiction Psychiatry  
Boston Medical Center  
Fellowship, Addiction Psychiatry  
Boston Medical Center, Residency, Psychiatry  
University of Connecticut School of Medicine, Medical School

Michelle Jacobo, PhD  
Dana-Farber Cancer Institute  
Director, Psychology DFCI  
Clinical Director, Supportive Oncology  
Assistant Professor, Harvard Medical School

Hadine Joffe, MD, MSc, BWH Psychiatry  
Paula A. Johnson, Professor of Psychiatry in the Field of Women's Health  
Harvard Medical School  
Executive Director, Mary Horrigan Connors Center for Women's Health  
Department of Psychiatry  
Brigham and Women's Hospital  
Dept. of Supportive Oncology / Breast Cancer Program  
Dana-Farber Cancer Institute  
Connors Center / WHARP Research

Youngjung Rachel Kim, M.D., Ph.D  
Klarman Eating Disorders Center, McLean Hospital  
Massachusetts General Hospital  
Harvard Medical School

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Nomi C Levy-Carrick, MD, MPhil, BWH Psychiatry  
Vice Chair, Clinical Services, Mass General Brigham AMC Department of Psychiatry  
Medical Director, Critical Illness Recovery Program  
Co-Chair, BWH Trauma-Informed Care Learning Collaborative  
Assistant Professor of Psychiatry, Harvard Medical School

Stanley Lyndon, MD  
Co-Director | Center for Brain/Mind Medicine  
Medical Director | Division of Neuropsychiatry  
Neuropsychiatry Lead | Division of Medical Psychiatry  
Director of Education | TMS | Center for Brain Circuit Therapeutics  
Co-Director | Behavioral Neurology and Neuropsychiatry Fellowship Program  
Brigham and Women's Hospital | Harvard Medical School

Scott McGinnis, MD  
BWH Psychiatry  
Center for Brain/Mind Medicine and Center for Alzheimer Research and Treatment, Brigham & Women's Hospital  
Frontotemporal Disorders Unit, Massachusetts General Hospital  
Assistant Professor of Neurology, Harvard Medical School

Fremonta Meyer, MD, Dana Farber Cancer Institute  
Director, Transplant Psychiatry Services, BWH  
Director, Medical Student Education in Psychiatry, BWH/HMS  
Assistant Professor of Psychiatry, HMS

Damien Miran, MD, Dana Farber Cancer Institute  
Clinical Director, DFCI Inpatient Psychiatry Consult Service  
Department of Supportive Oncology  
Dana-Farber Cancer Institute

Ashwini Nadkarni, MD, BWH Psychiatry  
Assistant Professor of Psychiatry, Harvard Medical School  
Interim Vice Chair, Faculty Affairs, Department of Psychiatry, BWH  
Associate Medical Director, Brigham Psychiatric Specialties

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John Peteet, MD, Dana-Farber Cancer Institute  
Associate Professor of Psychiatry, Harvard Medical School  
Affiliated with Brigham and Women's Hospital and Dana-Farber Cancer Institute

Nathan Praschan, MD, MPH, BWH Psychiatry  
Associate Neuropsychiatrist, Brigham and Women's Hospital  
Associate Co-Director, Brigham and Women's Hospital Fellowship in Behavioral Neurology and  
Neuropsychiatry  
Director, Advanced Consult-Liaison Psychiatry Clerkship, Harvard Medical School

Zachary Sager, MD  
Palliative Medicine Physician  
Department of Supportive Oncology, Dana-Farber Cancer Institute  
Instructor, Department of Medicine Harvard Medical School

Naomi A, Schmelzer, MD, BWH Psychiatry  
Director of Medical Psychiatry, Department of Psychiatry, Brigham and Women's Faulkner Hospital

Roxanne Sholevar, MD, Dana-Farber Cancer Institute  
Staff Psychiatrist, Department of Supportive Oncology, Dana-Farber Cancer Institute  
Instructor in Psychiatry, Harvard Medical School  
Felicia Smith, MD

Polina Teslyar, MD, BWH Psychiatry  
Director, Women's Mental Health and Reproductive Psychiatry Fellowship, Department of Psychiatry, Brigham  
& Women's Hospital  
Instructor, Harvard Medical School

Claire Twark, MD, BWH Psychiatry  
Instructor, Harvard Medical School; Associate Psychiatrist, Brigham and Women's Hospital

Daniel Weisholtz, MD, BWH Psychiatry  
Associate Neurologist, BWH/MGB  
Assistant Professor of Neurology, HMS

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In accord with the disclosure policy of McLean Hospital as well as guidelines set forth by the Accreditation Council on Continuing Medical Education, all people in control of educational content, including speakers, course directors, planners, and reviewers, have been asked to disclose all financial relationships with ineligible companies for the past 24 months, as defined below:

#### **Ineligible Companies**

The ACCME defines an “Ineligible company” as “those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.” For more information, visit [accme.org/standards](https://accme.org/standards)

#### **Financial relationships**

Financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received, or expected.

#### **Mitigation of Financial Relationships**

All financial relationships are reviewed to determine which ones are relevant, and then measures are taken to mitigate all relevant financial relationships and ensure that they do not insert commercial bias into the content of the education.

The following planners, speakers, content reviewers, and others in control of educational content have reported financial relationships with ineligible companies over the past 24 months. Measures have been taken to mitigate the impact of these financial relationships on the educational content and ensure that they do not insert commercial bias into the content of this education.

#### **Speakers & Planners:**

**Gaston Baslet, MD**

Oxford Press (Royalties)

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### **Carlos Fernandez-Robles, MD**

Syneos Health (Consulting Fee)

Regeneron (Dividends)

### **Hadine Joffe, MD, MSc**

Merck (Research Grant)

Bayer Novo Nordisk (Consulting Fee)

Arsenal Biosciences (Salary)

Merck Research Lab (Equity)

### **Maurizio Fava, MD**

Full Disclosure List: <https://mghcme.org/maurizio-fava-bio-disclosure/>

### **Susan Sprich, PhD**

Royalties: Oxford University Press; Springer

Honorarium (associate editor of a journal): Association for Behavioral Cognitive Therapies

### **Claire Twark, MD**

Sermo (Gift cards for survey completion)

**All other individuals in a position to control the content of this educational activity have reported no financial relationships with ineligible companies.**