

# MASSACHUSETTS PSYCHOSIS ACCESS & TRIAGE HUB

A **free** statewide referral and consultation service for early psychosis

## > Are you or a loved one experiencing difficulty due to any the following:

- Recent diagnosis of psychosis or schizophrenia.
- Feeling like your mind is playing tricks on you.
- Seeing or hearing things others do not.
- Worrying that others may be out to harm you.
- Worrying about troubling beliefs.
- Isolating from friends or family.

**It's more common than you think! If you or someone you know is having these experiences, M-PATH can help.**

## About Our Services



### Who We Can Help

M-PATH can help youth, young adults, family members, and providers who are concerned about early psychosis.



### How We Can Help

M-PATH can help connect you or your family member to specialized psychosis treatment. We can provide support, information, resources, and ongoing consultation.



### Why We Can Help

Psychosis is complicated and navigating the mental health care system can be challenging. We can help you figure out what kind of support might be most helpful for you right now.

## Who We Are

M-PATH is a state-wide referral and consultation service that helps youth and young adults, families and providers get connected to specialized psychosis services.

M-PATH has a skilled, dedicated team of mental health clinicians and individuals with lived experience who specialize in working with young people and families who are experiencing early psychosis.

## What We Do

### Support and Information

- Peer and family support and education
- Triage to help determine next steps
- Confidential, non-judgmental consultation with clinicians

### Referrals to Specialized Care

- Support with referrals to coordinated specialty care, including first episode or clinical high risk for psychosis programs

### System Navigation

- Care coordination and support throughout the referral process
- Recommendations to community resources

If you are looking for more information, a consultation, or referral to care, please call, email or fill out our online form. M-PATH will respond to you within 48 business hours.



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[www.mpathcares.org](http://www.mpathcares.org)