

Substance Use Disorders: A Comprehensive Review and Update
February 6-7, 2026
Virtual

FRIDAY, FEBRUARY 6, 2026

8:00 – 8:05 AM **Welcome & Introduction**
David H. Rubin, MD

MODULE TOPIC 1: NEUROSCIENCE

8:05 – 8:25 AM **Neurobiology of Addiction & Genetics of Substance Use Disorders**
Robert R. Althoff, MD, PhD

MODULE TOPIC 2: ADOLESCENT SUBSTANCE USE

8:25– 8:45 AM **Adolescent Substance Use Disorders**
Aaron Quiggle, MD

8:45 – 9:05 AM **ADHD**
Timothy Wilens, MD

9:05 – 9:25 AM **Athletes and Substance Use Disorders**
Timothy Wilens, MD

9:25 – 9:55 AM **Panel Discussion**
Moderator: David H. Rubin, MD
Panelists: Robert R. Althoff, MD, PhD, Timothy E. Wilens, MD;
Aaron Quiggle, MD

9:55 – 10:05 AM **Break**

MODULE TOPIC 3: ADVOCACY & BENZODIAZEPINES

10:05 – 10:25 AM **Advocacy and Regulatory Updates**
Laura G. Kehoe, MD, MPH, FASAM

10:25 – 10:45 AM **Benzodiazepines & Addiction**
Timothy Wilens, MD

10:45 – 11:15 AM **Panel Discussion**
Moderator: Timothy E. Wilens, MD
Panelists: Laura G. Kehoe, MD, MPH, FASAM

11:15 – 12:15 PM **Lunch Break**

MODULE TOPIC 4: OPIOIDS

12:15 – 12:35 PM	Buprenorphine 101 Meredith Morrison, NP
12:35 – 12:55 PM	Long Acting Injectable Buprenorphine Laura Kehoe, MD, MPH, FASAM
12:55 – 1:15 PM	Naltrexone Intramuscular Jessica Gray, MD
1:15 – 1:35 PM	Methadone Laura Kehoe, MD, MPH, FASAM
1:35 – 1:45 PM	Break
1:45 – 2:15 PM	Panel Discussion Moderator: Laura G. Kehoe, MD, MPH, FASAM Panelist: Jessica Gray, MD and Meredith Morrison, NP

MODULE TOPIC 5: PAIN, WOMEN & ADDICTION

2:15 – 2:35 PM	Pain Gregory Acampora, MD
2:35 – 2:55 PM	Pregnancy Jessica Gray, MD
2:55 – 3:15 PM	Women & Addiction Davida Schiff, MD
3:15 – 3:35 PM	Panel Discussion Moderator: Jessica Gray, MD Panelists: Gregory Acampora, MD; Davida Schiff, MD
4:25 PM	Adjourn

SATURDAY, FEBRUARY 7, 2026

8:00 – 8:05 AM	Welcome & Introduction John Kelly, PhD
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MODULE TOPIC 6: TREATMENT IN CONTINUING CARE

8:05 – 8:25 AM	Motivational Interviewing James McKowan, MD
8:25 – 8:45 AM	CBT James McKowan, MD

- 8:45 – 9:05 AM **DBT & Other Therapies**
James McKowan, MD
- 9:05 – 9:35 AM **Panel Discussion**
Moderator: John Kelly, PhD
Panelists: James McKowan, MD
- 9:35 – 9:45 AM **Break**

MODULE TOPIC 7: PSYCHEDELICS

- 9:45 – 10:05 AM **Psychedelics**
Joji Suzuki, MD

MODULE TOPIC 8: CANNABIS

- 10:05 – 10:25 AM **Cannabis**
Jodi Gilman, PhD

MODULE TOPIC 9: COMORBIDITY I – SUBSTANCE USE, TRAUMA AND SEX TRAFFICKING

- 10:25 – 10:45 AM **Trauma**
Toby Lynch, PhD
- 10:45 – 11:05 AM **Sex Trafficking**
Abigail Judge, PhD
- 11:05 – 11:35 AM **Panel Discussion**
Moderator: Justin Alves, RN, MSN, ACRN, CARN, CNE
Panelists: Abigail Judge, PhD; Toby Lynch, PhD; Jodi Gilman, PhD; Joji Suzuki, MD
- 11:35 – 12:35 PM **Lunch Break**

MODULE TOPIC 10: NICOTINE & STIMULANTS

- 12:35 – 12:55 PM **Cocaine & Methamphetamine**
Justin Alves, RN, MSN, ACRN, CARN, CNE
- 12:55 – 1:15 PM **Nicotine**
A. Eden Evins, MD
- 1:15 – 1:45 PM **Panel Discussion**
Moderator: John Kelly, PhD
Panelists: Justin Alves, RN, MSN, ACRN, CARN, CNE; A. Eden Evins MD

MODULE TOPIC 11: RECOVERY SUPPORT SERVICES

1:45 – 2:05 PM	Addressing and Overcoming Stigma & Discrimination in Clinical Settings John Kelly, PhD
2:05 – 2:25 PM	Peer Support and Residential Communities David Eddie, PhD
2:25 – 2:45 PM	Efficacy of Self-Help Treatments John Kelly, PhD
2:45 – 3:05 PM	Amplifying and Extending the Effects of Clinical Care John Kelly, PhD
3:05 – 3:35 PM	Panel Discussion Moderator: John Kelly, PhD Panelist: John Kelly, PhD; David Eddie, PhD
3:35 – 3:45 PM	Break

MODULE TOPIC 12: ALCOHOL & COMORBIDITY

3:45 – 4:05 PM	Alcohol: Assessment and Maintenance Medications Vinod Rao, MD, PhD
4:05 – 4:25 PM	Inpatient & Outpatient Medically Managed Withdrawal Evan Gale, MD
4:25 – 4:45 PM	Anxiety & Mood Vinod Rao, MD, PhD
4:45 – 5:15 PM	Panel Discussion Moderator: Vinod Rao, MD, PhD Panelist: Evan Gale, MD
5:15 PM	Adjourn