

## **Child & Adolescent Psychopharmacology**

**March 27-29, 2026**

**Westin Copley Place, Boston, MA**

### **FRIDAY MARCH 27, 2026**

8:00 – 8:05 AM      **Welcome & Introduction**  
Janet Wozniak, MD

#### **MODULE TOPIC 1: OVERVIEW OF PEDIATRIC PSYCHOPHARMACOLOGY**

8:05 – 8:25 AM      **Diagnosis & Assessment in Pediatric Psychopharmacology**  
Janet Wozniak, MD

8:25 – 8:45 AM      **Implications of Psychiatric Genetics for Psychopharmacology**  
Roy Perlis, MD, MSc

8:45 – 9:05 AM      **Artificial Intelligence and Psychiatry**  
Roy Perlis, MD, MSc

9:05 – 9:25 AM      **Developmental Neuroscience**  
Rakesh Karmacharya, MD, PhD

#### **MODULE TOPIC 2: ADHD I**

9:25 – 9:45 AM      **Diagnosis, Course and Outcomes of ADHD**  
Thomas Spencer, MD

9:45 – 10:10 AM      **Treatment of ADHD with Stimulants I**  
Timothy E. Wilens, MD

10:10 – 10:25 AM      **Break**

10:25 – 10:45 AM      **Treatment of ADHD with Stimulants II**  
Timothy E. Wilens, MD

10:45 – 11:05 AM      **Pharmacological Treatment of ADHD Across the Life Span: Nonstimulants**  
Thomas Spencer, MD

11:05 – 11:25 AM      **Functional Outcomes in ADHD & the Critical Importance of Treatment**  
Timothy E. Wilens, MD

11:25 – 11:55 AM      **Question & Answer Panel**  
Moderator: Timothy E. Wilens, MD  
Panelists: Thomas Spencer, MD, Roy Perlis, MD, Janet Wozniak, MD, Rakesh Karmacharya, MD, PhD

11:55 – 12:55 PM      **Lunch Break**

### **MODULE TOPIC 3: ADHD II**

- 12:55 – 1:15 PM      **CBT & Psychosocial Treatments in ADHD**  
Aude Henin, PhD
- 1:15 – 1:35 PM      **ADHD & Education**  
Aude Henin, PhD
- 1:35 – 1:55 PM      **Photobiomodulation**  
Atilla Ceranoglu, MD
- 1:55- 2:25 PM      **Question & Answer Panel**  
Moderator: Timothy Wilens, MD  
Panelists: Aude Henin, PhD, Atilla Ceranoglu, MD
- 2:25 – 2:40 PM      **Break**

### **MODULE TOPIC 4: MOOD DISORDERS I**

- 2:40 – 3:00 PM      **Juvenile Depression**  
Mai Uchida, MD
- 3:00 – 3:20 PM      **Illuminating the Black Box: Antidepressants, Youth and Suicide**  
David H. Rubin, MD
- 3:20 - 3:40 PM      **Juvenile Mania**  
Janet Wozniak, MD
- 3:40 – 4:00 PM      **Differentiating Unipolar vs. Bipolar Mood Disorders in the Young**  
Mai Uchida, MD
- 4:00 - 4:20 PM      **Pharmacological Approaches to Pediatric Mania**  
Janet Wozniak, MD
- 4:20-4:50 PM      **Question & Answer Panel**  
Moderator: Janet Wozniak, MD  
Panelist: David Rubin, MD, Mai Uchida, MD
- 4:50 PM      **Adjourn**

## SATURDAY, MARCH 28, 2026

8:00 – 8:05 AM      **Welcome & Introduction**  
David H. Rubin, MD

### MODULE TOPIC 5: MOOD AND PSYCHOTIC DISORDERS II

8:05 – 8:25 AM      **Schizophrenia Diagnosis and Treatment**  
Abigail Donovan, MD

8:25 – 8:45 AM      **Nutraceuticals in Pharmacology**  
Janet Wozniak, MD

8:45 - 9:05 AM      **Neurotherapeutics**  
James Luccarelli, MD

9:05 – 9:35 AM      **Question & Answer Panel**  
Moderator: David H. Rubin, MD  
Panelists: Abigail Donovan, MD, Janet Wozniak, MD, James Luccarelli, MD

9:35 – 9:55 AM      **Break**

### MODULE TOPIC 6: DIAGNOSIS, UNDERPINNINGS, AND TREATMENT OF AUTISM

9:55 – 10:15 AM      **Prevalence, Presentation and Assessment of Autism**  
Gagan Joshi, MD

10:15 – 10:35 AM      **Neural Underpinnings of Autism**  
Gagan Joshi, MD

10:35 – 10:55 AM      **Diagnosis and Treatment of Autism and ADHD**  
Gagan Joshi, MD

10:55 – 11:15 AM      **Diagnosis and Treatment of Autism and Anxiety**  
Robyn Thom, MD

11:15 – 11:35 AM      **Diagnosis and Treatment of Autism and Mood Disorders**  
Robyn Thom, MD

11:35 – 12:05 PM      **Question & Answer Panel**  
Moderator: Gagan Joshi, MD  
Panelists: Robyn Thom, MD

12:05 – 1:05 PM      **Lunch Break**

### MODULE TOPIC 7: OCD, ANXIETY DISORDERS, TOURETTE'S, PANDAS

1:05 – 1:25 PM      **Eating Disorders**  
Esther Dechant, MD

- 1:25 – 1:45 PM      **Tics and Tourette’s Disorder**  
Barbara Coffey, MD
- 1:45 – 2:05 PM      **ADHD and Tics**  
Barbara Coffey, MD
- 2:05 - 2:35 PM      **Question & Answer Panel**  
Moderator: Barbara Coffey, MD  
Panelist: Esther Dechant, MD
- 2:35 – 2:55 PM      **Obsessive Compulsive Disorder**  
Erica Greenberg, MD
- 2:55 – 3:15 PM      **PANDAS**  
Kyle Williams, MD, PhD
- 3:15 - 3:35 PM      **Pediatric Anxiety Disorders**  
Erica Greenberg, MD
- 3:35 – 4:05 PM      **Question & Answer Panel**  
Moderator: Barbara Coffey, MD  
Panelists: Erica Greenberg, MD, Kyle Williams, MD, PhD
- 4:05 PM              **Adjourn**

**SUNDAY, MARCH 29, 2026**

- 8:00 – 8:05 AM      **Welcome & Introduction**  
Timothy E. Wilens, MD

**MODULE TOPIC 8: PSYCHOLOGICAL ASSESSMENT & INTERVENTION**

- 8:05 – 8:25 AM      **Using Psychological Assessment to Inform Treatment**  
Ellen Braaten, PhD
- 8:25 - 8:45 AM      **Cognitive Behavioral Treatment for Young Adults: Education**  
Aude Henin, PhD
- 8:45 – 9:05 AM      **Cognitive Behavioral Therapy for Anxiety in Young Children**  
Dina Hirshfeld-Becker, PhD
- 9:05 – 9:25 AM      **Integrating DBT in Clinical Practice: Applying DBT Framework for  
Emerging Emotional Dysregulation.**  
Makiko Watanabe, PhD
- 9:25 – 9:45 AM      **Integrating Resiliency in Everyday Practice**  
Aude Henin, PhD
- 9:45 – 10:15 AM      **Question & Answer Panel**  
Moderator: Aude Henin, PhD

Panelists: Ellen Braaten, PhD, Dina Hirshfeld-Becker, PhD, Makiko Watanabe, PhD

10:15 – 10:30 AM     **Break**

**MODULE TOPIC 9: SUBSTANCE USE DISORDERS**

10:30 – 10:50 AM     **Substance Use Disorders: Part I**  
Aaron Quiggle, MD

10:50 – 11:10 AM     **Substance Use Disorders: Part II**  
Amy Yule, MD

11:10 – 11:30 AM     **Marijuana**  
Timothy E. Wilens, MD

11:30 – 11:50 AM     **Internet, Social Media and Gaming Addiction**  
Kyle Faust, PhD

11:50 – 12:20 PM     **Question & Answer Panel**  
Moderator: Timothy E. Wilens, MD  
Panelists: Amy Yule, MD, Aaron Quiggle, MD, Kyle Faust, MD

12:20 PM             **Adjourn**