

Substance Use Disorders: A Comprehensive Review and Update
February 6-7, 2026
Virtual

FRIDAY, FEBRUARY 6, 2026

8:00 – 8:05 AM **Welcome & Introduction**

Timothy Wilens, MD

MODULE TOPIC 1: NEUROSCIENCE

8:05 – 8:25 AM **Neurobiology of Addiction & Genetics of Substance Use Disorders**
Robert R. Althoff, MD, PhD

MODULE TOPIC 2: ADOLESCENT SUBSTANCE USE

8:25– 8:45 AM **Adolescent Substance Use Disorders**
Aaron Quiggle, MD

8:45 – 9:05 AM **ADHD**
Timothy Wilens, MD

9:05 – 9:25 AM **Athletes and Substance Use Disorders**
Timothy Wilens, MD

9:25 – 9:55 AM **Panel Discussion**
Moderator: Timothy Wilens, MD
Panelists: Robert R. Althoff, MD, PhD, Timothy E. Wilens, MD;
Aaron Quiggle, MD

9:55 – 10:05 AM **Break**

MODULE TOPIC 3: ADVOCACY & BENZODIAZEPINES

10:05 – 10:25 AM **Advocacy and Regulatory Updates**
Laura G. Kehoe, MD, MPH, FASAM

10:25 – 10:45 AM **Benzodiazepines & Addiction**
Timothy Wilens, MD

10:45 – 11:15 AM **Panel Discussion**
Moderator: Timothy E. Wilens, MD
Panelists: Laura G. Kehoe, MD, MPH, FASAM

11:15 – 12:15 PM **Lunch Break**

MODULE TOPIC 4: OPIOIDS

- 12:15 – 12:35 PM **Buprenorphine 101**
Meredith Morrison, NP
- 12:35 – 12:55 PM **Long Acting Injectable Buprenorphine**
Laura Kehoe, MD, MPH, FASAM
- 12:55 – 1:15 PM **Naltrexone Intramuscular**
Jessica Gray, MD
- 1:15 – 1:35 PM **Methadone**
Laura Kehoe, MD, MPH, FASAM
- 1:35 – 1:45 PM **Break**
- 1:45 – 2:15 PM **Panel Discussion**
Moderator: Laura G. Kehoe, MD, MPH, FASAM
Panelist: Jessica Gray, MD and Meredith Morrison, NP

MODULE TOPIC 5: PAIN, WOMEN & ADDICTION

- 2:15 – 2:35 PM **Pain**
Gregory Acampora, MD
- 2:35 – 2:55 PM **Pregnancy**
Jessica Gray, MD
- 2:55 – 3:15 PM **Women & Addiction**
Davida Schiff, MD
- 3:15 – 3:35 PM **Panel Discussion**
Moderator: Jessica Gray, MD
Panelists: Gregory Acampora, MD; Davida Schiff, MD
- 4:25 PM **Adjourn**

SATURDAY, FEBRUARY 7, 2026

- 8:00 – 8:05 AM **Welcome & Introduction**
John Kelly, PhD

MODULE TOPIC 6: TREATMENT IN CONTINUING CARE

- 8:05 – 8:25 AM **Motivational Interviewing**
James McKowan, MD
- 8:25 – 8:45 AM **CBT**
James McKowan, MD

8:45 – 9:05 AM **DBT & Other Therapies**
James McKowan, MD

9:05 – 9:35 AM **Panel Discussion**
Moderator: John Kelly, PhD
Panelists: James McKowan, MD

9:35 – 9:45 AM **Break**

MODULE TOPIC 7: PSYCHEDELICS

9:45 – 10:05 AM **Psychedelics**
Joji Suzuki, MD

MODULE TOPIC 8: CANNABIS

10:05 – 10:25 AM **Cannabis**
Jodi Gilman, PhD

MODULE TOPIC 9: COMORBIDITY I – SUBSTANCE USE, TRAUMA AND SEX TRAFFICKING

10:25 – 10:45 AM **Trauma**
Toby Lynch, PhD

10:45 – 11:05 AM **Sex Trafficking**
Abigail Judge, PhD

11:05 – 11:35 AM **Panel Discussion**
Moderator: John Kelly, PhD
Panelists: Abigail Judge, PhD; Toby Lynch, PhD; Jodi Gilman, PhD; Joji Suzuki, MD

11:35 – 12:35 PM **Lunch Break**

MODULE TOPIC 10: NICOTINE & STIMULANTS

12:35 – 12:55 PM **Cocaine & Methamphetamine**
Justin Alves, RN, MSN, ACRN, CARN, CNE

12:55 – 1:15 PM **Nicotine**
Justin Alves, RN, MSN, ACRN, CARN, CNE

1:15 – 1:45 PM **Panel Discussion**
Moderator: John Kelly, PhD
Panelists: Justin Alves, RN, MSN, ACRN, CARN, CNE

MODULE TOPIC 11: RECOVERY SUPPORT SERVICES

- 1:45 – 2:05 PM** **Addressing and Overcoming Stigma & Discrimination in Clinical Settings**
John Kelly, PhD
- 2:05 – 2:25 PM** **Peer Support and Residential Communities**
David Eddie, PhD
- 2:25 – 2:45 PM** **Efficacy off Self-Help Treatments**
John Kelly, PhD
- 2:45 – 3:05 PM** **Amplifying and Extending the Effects of Clinical Care**
John Kelly, PhD
- 3:05 – 3:35 PM** **Panel Discussion**
Moderator: John Kelly, PhD
Panelist: David Eddie, PhD
- 3:35 – 3:45 PM** **Break**

MODULE TOPIC 12: ALCOHOL & COMORBIDITY

- 3:45 – 4:05 PM** **Alcohol: Assessment and Maintenance Medications**
Vinod Rao, MD, PhD
- 4:05 – 4:25 PM** **Inpatient & Outpatient Medically Managed Withdrawal**
Evan Gale, MD
- 4:25 – 4:45 PM** **Anxiety & Mood**
Vinod Rao, MD, PhD
- 4:45 – 5:15 PM** **Panel Discussion**
Moderator: Vinod Rao, MD, PhD
Panelist: Evan Gale, MD
- 5:15 PM** **Adjourn**